

ZfS-Münster-City-Run 3. Juli 2016

10 km

Männer

Seite 1
gedruckt 03.07.2016 20:51:43

| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit |
|--------------------------------|-----|----------------------|--------------------------|---------|-----|--------|------------|
| Altersklasse Männer M30 | | | | | | | |
| 1 | 624 | Nagel Silvio | 1. TTC MS | 0:37:01 | M30 | 10 | 0:37:03 |
| 2 | 134 | Glöckner Manuel | LSF Münster | 0:37:01 | M30 | 11 | 0:37:04 |
| 3 | 318 | Debris Rémi | *Münster | 0:37:34 | M30 | 15 | 0:37:34 |
| 4 | 927 | Schlusen Sebastian | TuS Germania Horstmar | 0:37:32 | M30 | 16 | 0:37:36 |
| 5 | 191 | Schulze Julian | Marathon Soest | 0:37:52 | M30 | 21 | 0:37:53 |
| 6 | 229 | Fender Frederic | ECB Sports&Cultural Cl | 0:39:30 | M30 | 32 | 0:39:34 |
| 7 | 223 | Hackmann Armin | Helpage - Jede Oma zählt | 0:39:38 | M30 | 35 | 0:39:45 |
| 8 | 645 | Lüker Sebastian | Hochschulsport Münster | 0:39:48 | M30 | 39 | 0:39:55 |
| 9 | 230 | Hentschel Adrian | BSG AGRAVIS Raiffeisen | 0:40:45 | M30 | 48 | 0:40:57 |
| 10 | 913 | Reiberg Christoph | SG DJK Dyckburg | 0:40:58 | M30 | 55 | 0:41:13 |
| 11 | 125 | Wachter Joris | SC Münster 08 | 0:41:31 | M30 | 59 | 0:41:37 |
| 12 | 29 | Markmann Maik | Run4Fun Greven e.V. | 0:41:50 | M30 | 64 | 0:42:18 |
| 13 | 402 | Brechler Stefan | H. Gautzsch | 0:44:16 | M30 | 97 | 0:44:39 |
| 14 | 31 | Helms Tobias | SV Arminia Appelhülsen / | 0:44:52 | M30 | 109 | 0:45:01 |
| 15 | 217 | Andreas Eping | *Everswinkel | 0:45:37 | M30 | 125 | 0:45:49 |
| 16 | 193 | Lukaschek Peter | *Hamm | 0:46:45 | M30 | 148 | 0:46:57 |
| 17 | 258 | Stritzke Marco | *Münster | 0:47:32 | M30 | 163 | 0:47:41 |
| 18 | 472 | Erpenbeck Alex | BSV Ostbevern | 0:47:32 | M30 | 171 | 0:47:55 |
| 19 | 608 | Pichler Thorsten | | 0:47:34 | M30 | 180 | 0:48:09 |
| 20 | 461 | Zeus Heiko | Zweitag | 0:49:10 | M30 | 194 | 0:49:23 |
| 21 | 221 | Wendring Daniel | *Münster | 0:49:16 | M30 | 200 | 0:49:48 |
| 22 | 98 | Schell Waldemar | *Harsewinkel | 0:49:42 | M30 | 207 | 0:50:03 |
| 23 | 410 | Schütz Lars | H. Gautzsch | 0:49:37 | M30 | 209 | 0:50:12 |
| 24 | 45 | Blumenstiel Jonas | blumenstiel@uni-muenste | 0:50:28 | M30 | 217 | 0:50:43 |
| 25 | 110 | Frewer Sebastian | *Münster | 0:50:28 | M30 | 218 | 0:50:43 |
| 26 | 403 | Emmerich Maximilian | H. Gautzsch | 0:50:35 | M30 | 221 | 0:51:11 |
| 27 | 392 | Herzog Michael | *Bochum | 0:52:15 | M30 | 242 | 0:52:48 |
| 28 | 460 | Bittner Andre | | 0:54:37 | M30 | 265 | 0:54:46 |
| 29 | 250 | Hilge Oliver | Die Peselhegel | 0:54:51 | M30 | 270 | 0:55:09 |
| 30 | 414 | Deckenhoff Christian | BSG LVM Versicherung | 0:55:21 | M30 | 277 | 0:55:41 |
| 31 | 354 | Giehler Florian | *Münster | 0:57:06 | M30 | 295 | 0:57:42 |
| 32 | 380 | Nosthoff Simon | NOWEDA AG | 0:59:43 | M30 | 306 | 0:59:59 |

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Seite 2
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| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit |
|--------------------------------|-----|-----------------------|--------------------------|---------|-----|--------|------------|
| Altersklasse Männer M35 | | | | | | | |
| 1 | 178 | Kreickmann Markus | *Münster | 0:35:54 | M35 | 6 | 0:35:55 |
| 2 | 175 | Hug Marc | *Drensteinfurt | 0:35:56 | M35 | 7 | 0:35:57 |
| 3 | 214 | Weste Michael | LSF Münster | 0:36:44 | M35 | 9 | 0:36:46 |
| 4 | 121 | Brodka Jens | LV Oelde | 0:38:52 | M35 | 25 | 0:38:54 |
| 5 | 80 | Lammers Jan | *Münster | 0:39:07 | M35 | 28 | 0:39:09 |
| 6 | 232 | Brouwer Mike | LSF Münster | 0:39:33 | M35 | 33 | 0:39:36 |
| 7 | 147 | Stallmeister Thomas | SG Rote Erde Beckum | 0:40:06 | M35 | 40 | 0:40:07 |
| 8 | 358 | Holtkamp Bernd | Union Wessum | 0:40:04 | M35 | 41 | 0:40:20 |
| 9 | 40 | Kriegs Manuel | LSF Münster | 0:40:47 | M35 | 47 | 0:40:55 |
| 10 | 117 | Westermann Tobias | LSF Münster | 0:40:55 | M35 | 49 | 0:40:59 |
| 11 | 303 | Kahmann Jens | *Münster | 0:40:56 | M35 | 50 | 0:41:00 |
| 12 | 28 | Kochmann Ingo | Run4Fun Greven e.V. | 0:41:08 | M35 | 60 | 0:41:38 |
| 13 | 647 | Westphal Matthias | | 0:42:42 | M35 | 69 | 0:42:51 |
| 14 | 626 | Schmidtke Lars | Run 4 fun Greven Ev. | 0:42:50 | M35 | 73 | 0:43:17 |
| 15 | 120 | Jotzo Daniel | Bocholter WSV | 0:43:15 | M35 | 75 | 0:43:19 |
| 16 | 122 | Scherwath Sandro | *Dortmund | 0:43:35 | M35 | 81 | 0:43:42 |
| 17 | 391 | Friedag Peter | *Münster | 0:44:18 | M35 | 88 | 0:44:23 |
| 18 | 644 | Meißner Sven | Laufen rund um Münster | 0:44:17 | M35 | 90 | 0:44:26 |
| 19 | 227 | Buddendick Rainer | TRI FINISH | 0:44:24 | M35 | 93 | 0:44:31 |
| 20 | 601 | Krechting Martin | Universite De Nantes | 0:44:22 | M35 | 96 | 0:44:36 |
| 21 | 77 | Lantin André | *Münster | 0:44:49 | M35 | 105 | 0:44:56 |
| 22 | 393 | Pohl Tim Oliver | *Münster | 0:44:45 | M35 | 110 | 0:45:06 |
| 23 | 906 | Meyer Thorsten | | 0:45:07 | M35 | 115 | 0:45:20 |
| 24 | 905 | Sbrzesny Thorsten | *Münster | 0:45:12 | M35 | 117 | 0:45:25 |
| 25 | 398 | Raclaf Alexander | *Hamm | 0:45:34 | M35 | 122 | 0:45:46 |
| 26 | 116 | Schütze Moritz Jan | LSF Münster | 0:46:50 | M35 | 150 | 0:46:58 |
| 27 | 261 | Havers Kai-Simon | LSF Münster | 0:47:09 | M35 | 159 | 0:47:19 |
| 28 | 604 | Cremers Jann-Frederik | | 0:47:21 | M35 | 161 | 0:47:31 |
| 29 | 36 | Stückmann Dirk | Lauftreff Greven aktuell | 0:47:28 | M35 | 165 | 0:47:47 |
| 29 | 216 | Bormann Philipp | *Münster | 0:47:35 | M35 | 165 | 0:47:47 |
| 31 | 87 | Petermann Guido | *Wegberg | 0:47:51 | M35 | 178 | 0:48:07 |
| 32 | 348 | Terbeck Christoph | *Ahaus | 0:47:56 | M35 | 181 | 0:48:12 |
| 33 | 106 | Gebauer Markus | MGness | 0:47:44 | M35 | 184 | 0:48:17 |
| 34 | 248 | Zihang Thomas | Die Peselhegel | 0:49:31 | M35 | 201 | 0:49:48 |
| 35 | 371 | Held Simon | TCM Tauchsportclub Mü | 0:51:53 | M35 | 231 | 0:52:04 |
| 36 | 411 | Bendik Thorsten | BSG LVM Versicherung | 0:52:26 | M35 | 240 | 0:52:45 |
| 37 | 129 | Sven Zieseniß | LippeRunners Werne | 0:52:33 | M35 | 248 | 0:53:01 |
| 38 | 301 | Bußmann Roland | NOWEDA AG | 0:53:35 | M35 | 258 | 0:53:50 |
| 39 | 381 | Schwarz Michael | NOWEDA AG | 0:53:35 | M35 | 259 | 0:53:50 |
| 40 | 320 | Ohm Stephan | *Telgte | 0:53:22 | M35 | 260 | 0:53:51 |
| 41 | 450 | Wilminik Joachim | | 0:54:11 | M35 | 264 | 0:54:34 |
| 42 | 91 | Weinberg Marc | *Bad Bentheim | 0:59:49 | M35 | 308 | 1:00:19 |
| 43 | 180 | Kotes Christian | HEINZ training | 1:04:30 | M35 | 317 | 1:05:08 |

ZfS-Münster-City-Run 3. Juli 2016

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Seite 3
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| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit |
|--------------------------------|-----|---------------------|----------------------------|---------|-----|--------|------------|
| Altersklasse Männer M40 | | | | | | | |
| 1 | 649 | Kasprik Michael | LSF Münster | 0:37:50 | M40 | 21 | 0:37:53 |
| 2 | 280 | Lexmond Ted | LSF Münster | 0:37:54 | M40 | 23 | 0:37:58 |
| 3 | 918 | Boschmann Artur | *Münster | 0:39:03 | M40 | 27 | 0:39:09 |
| 4 | 185 | Arica Mahmut | LSF Münster | 0:39:08 | M40 | 29 | 0:39:13 |
| 5 | 643 | Brinker Klaus | LSF Münster | 0:39:23 | M40 | 31 | 0:39:26 |
| 6 | 123 | Hork Michael | LT Union Wessum | 0:40:08 | M40 | 42 | 0:40:24 |
| 7 | 618 | Sülberg Volker | *Schwerte | 0:41:01 | M40 | 52 | 0:41:04 |
| 8 | 88 | Hemesath Jürgen | LG Emsdetten | 0:41:16 | M40 | 56 | 0:41:19 |
| 9 | 242 | Lüken Aloys | BV Garrel | 0:41:15 | M40 | 57 | 0:41:20 |
| 10 | 37 | Heumann Marco | BSG Sparkasse Münster | 0:42:16 | M40 | 66 | 0:42:26 |
| 11 | 638 | Thomas Christoph | *Düsseldorf | 0:42:51 | M40 | 71 | 0:43:04 |
| 12 | 639 | Zumhagen Sven | | 0:43:10 | M40 | 74 | 0:43:18 |
| 13 | 469 | Schulte Frank | | 0:44:27 | M40 | 92 | 0:44:30 |
| 14 | 195 | Kramer Sebastian | *Münster | 0:44:35 | M40 | 99 | 0:44:43 |
| 15 | 256 | Thiel Marco | *Münster | 0:44:43 | M40 | 101 | 0:44:50 |
| 16 | 629 | Ringena Take | LSF Münster | 0:44:47 | M40 | 108 | 0:44:59 |
| 17 | 138 | Hoffmann Carsten | Laufen rund um Münster | 0:45:16 | M40 | 118 | 0:45:26 |
| 18 | 211 | Hörmeyer Carsten | Bergziegen Altenberge | 0:45:23 | M40 | 120 | 0:45:41 |
| 19 | 113 | Kipp Stefan | *Münster | 0:45:29 | M40 | 124 | 0:45:49 |
| 20 | 617 | Möller Kai | | 0:45:53 | M40 | 132 | 0:46:12 |
| 21 | 7 | Rump Mario | *Münster | 0:46:04 | M40 | 136 | 0:46:20 |
| 22 | 922 | Dieckenhoff Stefan | VfR Vortrup | 0:46:44 | M40 | 147 | 0:46:53 |
| 23 | 908 | Stenzel Mark | Lauffreunde Roxel | 0:46:48 | M40 | 149 | 0:46:57 |
| 24 | 389 | Gadomski Bodo | Don-Bosco-Schule Rhein | 0:47:00 | M40 | 158 | 0:47:17 |
| 25 | 119 | Kleinert Matthias | Lauftreff Lüdinghausen / r | 0:47:18 | M40 | 164 | 0:47:46 |
| 26 | 355 | Jagosz Mariusz | *Havixbeck | 0:47:30 | M40 | 168 | 0:47:50 |
| 27 | 909 | Strecker Tobias | Lippe Runners Werne | 0:47:28 | M40 | 169 | 0:47:53 |
| 28 | 284 | Illner Uli | Speedy Gonzales | 0:47:43 | M40 | 172 | 0:47:55 |
| 29 | 470 | Höing Udo | Gescher | 0:48:01 | M40 | 179 | 0:48:08 |
| 30 | 22 | Gelhard Yves | Laufen rund um Münster | 0:49:29 | M40 | 199 | 0:49:47 |
| 31 | 925 | Bensmann Frank | *Münster | 0:49:28 | M40 | 206 | 0:50:02 |
| 32 | 69 | Nierhoff Kai | *Münster | 0:49:44 | M40 | 208 | 0:50:11 |
| 33 | 413 | Brocks Andre | BSG LVM Versicherung | 0:51:04 | M40 | 224 | 0:51:21 |
| 34 | 75 | Rutter Christoph | FI Sport e.V. | 0:52:46 | M40 | 245 | 0:52:53 |
| 35 | 112 | Voss Marcus | LippeRunners Werne | 0:52:34 | M40 | 247 | 0:53:01 |
| 36 | 600 | Luken Guido | Lauffreunde Enslar | 0:55:05 | M40 | 272 | 0:55:23 |
| 37 | 55 | Kozjan Bogdan | Run4Jesus.net | 0:56:02 | M40 | 282 | 0:56:21 |
| 38 | 467 | Lohölter Jens | BSG Iglä Reken | 0:55:56 | M40 | 283 | 0:56:33 |
| 39 | 183 | Landau Guido | *Münster | 0:56:33 | M40 | 290 | 0:56:58 |
| 40 | 454 | Cohermann Christian | Laufen rund um Münster | 0:58:42 | M40 | 299 | 0:58:59 |
| 41 | 11 | Schienke Thorsten | Laufen rund um Münster | 0:59:16 | M40 | 304 | 0:59:35 |

ZfS-Münster-City-Run 3. Juli 2016

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Seite 4
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|--------------------------------|-----|----------------------|--------------------------|---------|-----|--------|------------|
| Altersklasse Männer M45 | | | | | | | |
| 1 | 206 | Bardtke Thomas | BSG LVM Versicherung | 0:35:40 | M45 | 5 | 0:35:42 |
| 2 | 168 | Marquardt Christof | LG Deiringen / BSG Spa | 0:37:44 | M45 | 18 | 0:37:45 |
| 3 | 51 | Schmiing Reinhard | LSF Münster | 0:37:48 | M45 | 20 | 0:37:50 |
| 4 | 182 | Mai Roland | LSF Münster | 0:39:45 | M45 | 36 | 0:39:49 |
| 5 | 325 | Laukötter Marco | *Münster | 0:40:34 | M45 | 44 | 0:40:37 |
| 6 | 126 | Henrik Austrup | LG Emsdetten | 0:40:35 | M45 | 45 | 0:40:40 |
| 7 | 648 | Becks Michael | TV Friesen Telgte | 0:40:56 | M45 | 51 | 0:41:01 |
| 8 | 170 | Alhäuser Jochen | LC Duisburg | 0:41:07 | M45 | 53 | 0:41:09 |
| 9 | 208 | Kaldewei Georg | BSG LVM Versicherung | 0:42:36 | M45 | 68 | 0:42:39 |
| 10 | 630 | Fischer Dr. Arne | LSF Münster e.V. | 0:42:53 | M45 | 70 | 0:42:57 |
| 11 | 142 | Heuer Jürgen | LG Emsdetten | 0:42:59 | M45 | 72 | 0:43:04 |
| 12 | 72 | Hecking Michael | SuS Stadtlohn | 0:43:53 | M45 | 84 | 0:44:01 |
| 13 | 915 | Arlt Andreas | LSF Münster | 0:43:54 | M45 | 85 | 0:44:09 |
| 14 | 213 | Toebe Axel | Bergziegen Altenberge | 0:43:51 | M45 | 86 | 0:44:11 |
| 15 | 309 | Ahrens Sven | Blau Weiß Aasee Münste | 0:44:41 | M45 | 100 | 0:44:49 |
| 16 | 637 | Bergler Claudius | Clobo-Team | 0:45:54 | M45 | 127 | 0:45:59 |
| 17 | 222 | Vortkamp Markus | *Münster | 0:46:17 | M45 | 138 | 0:46:24 |
| 18 | 609 | Oelgemöller Jürgen | SC Münster 08 | 0:46:38 | M45 | 144 | 0:46:48 |
| 19 | 212 | Schilling Gregor | Bergziegen Altenberge | 0:46:47 | M45 | 154 | 0:47:07 |
| 20 | 207 | Becker Michael | BSG LVM Versicherung | 0:47:28 | M45 | 162 | 0:47:41 |
| 21 | 218 | Kogge Thomas | Tri Finish Münster | 0:47:44 | M45 | 170 | 0:47:54 |
| 22 | 3 | Spey Martin | Pinolino Kinderträume GM | 0:48:24 | M45 | 186 | 0:48:39 |
| 23 | 57 | Leugers Dirk | *Münster | 0:49:03 | M45 | 196 | 0:49:30 |
| 24 | 76 | Kappenberg Lars | FC St. Pauli Triathlon | 0:49:29 | M45 | 203 | 0:49:58 |
| 25 | 54 | Rietmann Bernhard | BSG AGRAVIS | 0:50:03 | M45 | 210 | 0:50:17 |
| 26 | 236 | Gellern Frank | A D F C | 0:50:22 | M45 | 214 | 0:50:35 |
| 27 | 437 | Blick-Weber Matthias | | 0:50:10 | M45 | 215 | 0:50:36 |
| 28 | 9 | Lepach Frank | Laufen rund um Münster | 0:50:51 | M45 | 220 | 0:51:10 |
| 29 | 351 | Thume Matthias | BSG Westfalen | 0:50:40 | M45 | 222 | 0:51:13 |
| 30 | 70 | Meyer Matthias | IM Allstar Team | 0:50:49 | M45 | 225 | 0:51:27 |
| 31 | 166 | Goschke Michael | LSF Münster | 0:51:45 | M45 | 230 | 0:52:03 |
| 32 | 370 | Heitmann Martin | Tauchsportclub Münster | 0:52:02 | M45 | 234 | 0:52:14 |
| 33 | 96 | Barwe Christian | *Münster | 0:52:18 | M45 | 238 | 0:52:38 |
| 34 | 201 | Ilgner Uwe | H. Gautzsch | 0:52:22 | M45 | 241 | 0:52:47 |
| 35 | 4 | Ingo Schumacher | Laufen rund um Münster | 0:52:41 | M45 | 246 | 0:52:53 |
| 36 | 416 | Girnth Christian | BSG LVM Versicherung | 0:52:51 | M45 | 249 | 0:53:03 |
| 37 | 94 | Glahn Bernhard | Sonntagsrunde | 0:53:05 | M45 | 251 | 0:53:18 |
| 38 | 204 | Oester Thomas | H. Gautzsch | 0:52:58 | M45 | 252 | 0:53:22 |
| 39 | 174 | Terbrüggen Eric | *Münster | 0:52:52 | M45 | 253 | 0:53:22 |
| 40 | 910 | Groß Stephan | Team M-Line | 0:53:21 | M45 | 254 | 0:53:26 |
| 41 | 73 | WEBER FRANK | Saxonia Münster | 0:53:08 | M45 | 255 | 0:53:39 |
| 42 | 400 | Arcidiacono Antonio | H. Gautzsch | 0:53:52 | M45 | 262 | 0:54:13 |
| 43 | 21 | Schemmer Jürgen | *Münster | 0:54:21 | M45 | 266 | 0:54:47 |
| 44 | 606 | Böhm Marc | | 0:54:15 | M45 | 267 | 0:54:49 |
| 45 | 198 | Brüggemann Andreas | H. Gautzsch | 0:54:58 | M45 | 273 | 0:55:24 |
| 46 | 903 | Eckermann Thomas | *Münster | 0:55:10 | M45 | 275 | 0:55:35 |
| 47 | 415 | Dombrowski Marcus | BSG LVM Versicherung | 0:56:28 | M45 | 286 | 0:56:41 |
| 48 | 273 | Hunke Thomas | Lauftreff Greven aktuell | 0:56:17 | M45 | 288 | 0:56:49 |
| 49 | 902 | Stanke Claus | Pflegebüro Bahrenberg | 0:56:48 | M45 | 292 | 0:57:15 |
| 50 | 446 | Reichel Thomas | | 0:56:43 | M45 | 293 | 0:57:17 |
| 51 | 442 | Hüttermann Patrick | | 1:02:10 | M45 | 313 | 1:02:44 |
| 52 | 399 | de Jong Volker | DJK Borussia Münster | 1:02:34 | M45 | 314 | 1:02:46 |

ZfS-Münster-City-Run 3. Juli 2016

10 km

Männer

Seite 5
gedruckt 03.07.2016 20:51:43

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|--------------------------------|-----|------------------------|--------------------------|---------|-----|--------|------------|
| Altersklasse Männer M50 | | | | | | | |
| 1 | 930 | Heuschen Dirk | Rhein-Berg Runners | 0:37:16 | M50 | 13 | 0:37:18 |
| 2 | 634 | Enseling Michael | Tri Finish Münster | 0:37:46 | M50 | 19 | 0:37:48 |
| 3 | 635 | Voigt Jens | TuS Hilstrup | 0:40:44 | M50 | 46 | 0:40:48 |
| 4 | 177 | Willingmann Todt G. | Lauffreunde Bönen 1985 e | 0:41:30 | M50 | 58 | 0:41:35 |
| 5 | 621 | Köhr Burkhard | Marathon Steinfurt | 0:41:57 | M50 | 61 | 0:42:08 |
| 6 | 184 | Kuhlmann Ludger | VfL Senden | 0:42:19 | M50 | 65 | 0:42:23 |
| 7 | 631 | Bales Stefan | LSF Münster | 0:42:24 | M50 | 67 | 0:42:29 |
| 8 | 443 | Dieckmann Robert | TVE Lauffreunde Gladbe | 0:43:45 | M50 | 82 | 0:43:54 |
| 9 | 238 | Buer Andreas | BSG LVM Versicherung | 0:44:02 | M50 | 87 | 0:44:14 |
| 10 | 169 | Hackeneß Markus | BSG-Berufsfeuerwehr Mü | 0:44:29 | M50 | 95 | 0:44:33 |
| 11 | 474 | Schleicher Ralf | LSF Münster | 0:44:36 | M50 | 98 | 0:44:39 |
| 12 | 140 | Zeidler Thomas | TuS Hilstrup | 0:44:43 | M50 | 103 | 0:44:52 |
| 13 | 632 | Patterson Dietmar | | 0:44:53 | M50 | 107 | 0:44:59 |
| 14 | 912 | Rose Norbert | Laufsportfreunde Grinnen | 0:45:39 | M50 | 126 | 0:45:53 |
| 15 | 165 | Kuhlhüser Wilfried | *Beckum | 0:45:53 | M50 | 128 | 0:46:08 |
| 16 | 149 | Mesch Walter | *Münster | 0:45:55 | M50 | 130 | 0:46:10 |
| 17 | 377 | Holger Kleinke | *Münster | 0:46:17 | M50 | 139 | 0:46:24 |
| 18 | 65 | Feder Uwe | *Münster | 0:45:58 | M50 | 140 | 0:46:33 |
| 19 | 641 | Glasbrenner Bernhard | | 0:46:50 | M50 | 153 | 0:47:01 |
| 20 | 907 | Biesenbaum Thomas | | 0:46:57 | M50 | 156 | 0:47:17 |
| 21 | 605 | Eiersbrock Hubert | DJK Adler Buldern | 0:48:04 | M50 | 182 | 0:48:15 |
| 22 | 613 | Feldmann Achim | *Greven | 0:48:29 | M50 | 188 | 0:48:55 |
| 23 | 396 | Seichter Christian | *Münster | 0:49:10 | M50 | 197 | 0:49:44 |
| 24 | 611 | Stegemann Manfred | *Münster | 0:49:28 | M50 | 198 | 0:49:47 |
| 25 | 929 | Möllers Peter | DJK Dyckburg Münster | 0:49:29 | M50 | 204 | 0:49:59 |
| 26 | 203 | Loddenkötter Stefan | H. Gautzsch | 0:49:54 | M50 | 211 | 0:50:19 |
| 27 | 622 | Wegmann Claus | TV Friesen Telgte | 0:49:59 | M50 | 212 | 0:50:22 |
| 28 | 78 | Ziese Bernd | MDK Rheine | 0:50:09 | M50 | 213 | 0:50:27 |
| 29 | 934 | Schmitz Christian | | 0:51:01 | M50 | 223 | 0:51:15 |
| 30 | 18 | Mertl Frank | Laufen rund um Münster | 0:51:41 | M50 | 228 | 0:51:50 |
| 31 | 157 | König Ralph | LSF Münster | 0:52:05 | M50 | 233 | 0:52:13 |
| 32 | 464 | Knara Frank | | 0:52:44 | M50 | 250 | 0:53:13 |
| 33 | 422 | Schreinemacher Michael | Bergziegen Altenberge | 0:54:44 | M50 | 269 | 0:55:04 |
| 34 | 615 | Ascheberg Volker | Laufen rund um Münster | 0:55:20 | M50 | 276 | 0:55:39 |
| 35 | 277 | Römer-Karrasch Michael | *Münster | 0:55:49 | M50 | 278 | 0:55:56 |
| 36 | 917 | Lammers Dietmar | Sonntagsläufer | 0:56:27 | M50 | 285 | 0:56:41 |
| 37 | 10 | Vette Klaus | Laufen rund um Münster | 0:58:25 | M50 | 298 | 0:58:42 |
| 38 | 32 | Janssen Frank | Lauftreff Greven | 0:58:41 | M50 | 300 | 0:58:59 |
| 39 | 421 | Sumowski Klaus | Realschule im Kreuzviert | 1:17:27 | M50 | 321 | 1:18:08 |
| Altersklasse Männer M55 | | | | | | | |
| 1 | 159 | Kott Georg | LC Rapid Dortmund | 0:36:12 | M55 | 8 | 0:36:13 |
| 2 | 923 | Kühnen Johannes | TSV Weeze | 0:43:19 | M55 | 76 | 0:43:25 |
| 3 | 158 | von Hagen Wolfgang | SC BORCHEN | 0:43:27 | M55 | 78 | 0:43:32 |
| 4 | 103 | Mann Klaus | Billerbecker Läufer | 0:44:13 | M55 | 89 | 0:44:24 |
| 5 | 12 | Taylor John | LSF Münster | 0:44:27 | M55 | 94 | 0:44:33 |
| 6 | 132 | Lütke Schute Siegfried | TuS Hilstrup | 0:44:58 | M55 | 111 | 0:45:06 |
| 7 | 455 | Zubrögel Arno | | 0:45:04 | M55 | 116 | 0:45:24 |
| 8 | 114 | Brinker Hans-Dieter | Run-Team Osnabrück | 0:45:38 | M55 | 123 | 0:45:46 |
| 9 | 41 | Gallmeister Wolfgang | Werse Läufer Münster | 0:46:35 | M55 | 142 | 0:46:44 |
| 10 | 296 | Reher Andreas | Reher & Kollegen | 0:46:20 | M55 | 145 | 0:46:51 |
| 11 | 68 | Buil Michael | Provinzial Rheinland | 0:47:49 | M55 | 174 | 0:47:59 |
| 12 | 188 | Appels Peter | LF Hadi Wesel | 0:48:14 | M55 | 185 | 0:48:22 |
| 13 | 1 | Pervelz Jörg | Zehlendorfer Wespen | 0:48:34 | M55 | 187 | 0:48:41 |
| 14 | 916 | Lehr Thomas | *Münster | 0:49:06 | M55 | 192 | 0:49:11 |
| 15 | 235 | Eßmann Martin | MSC Münster | 0:48:44 | M55 | 193 | 0:49:14 |
| 16 | 90 | Ahlers Michael | BSG Westfalen | 0:48:57 | M55 | 195 | 0:49:29 |
| 17 | 382 | Türker Cafer | NOWEDA AG | 0:52:13 | M55 | 236 | 0:52:28 |
| 18 | 407 | Naumann Mathias | H. Gautzsch | 0:55:06 | M55 | 274 | 0:55:30 |
| 19 | 209 | Korves Thomas | BSG LVM Versicherung | 0:58:51 | M55 | 301 | 0:59:11 |
| 20 | 179 | Weber Franz-Josef | Lauftreff Höingen | 1:16:44 | M55 | 319 | 1:16:52 |

ZfS-Münster-City-Run 3. Juli 2016

10 km

Männer

Seite 6
gedruckt 03.07.2016 20:51:43

| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit |
|--------------------------------|-----|------------------------|----------------------------|---------|-----|--------|------------|
| Altersklasse Männer M60 | | | | | | | |
| 1 | 610 | Reimann Hans | *Münster | 0:43:50 | M60 | 83 | 0:43:56 |
| 2 | 160 | Olejniczak Stefan | Continental Dortmund | 0:46:03 | M60 | 129 | 0:46:09 |
| 3 | 85 | Lüdemann Bernd | BSV Ostbevern | 0:46:47 | M60 | 146 | 0:46:52 |
| 4 | 47 | Schardt Michael | Laufsport Münster-Mitte | 0:47:40 | M60 | 167 | 0:47:49 |
| 5 | 427 | Eiersbrock Josef | LSF Münster | 0:48:04 | M60 | 183 | 0:48:15 |
| 6 | 164 | Hahn Günter | LSF Münster | 0:51:23 | M60 | 227 | 0:51:49 |
| 7 | 438 | Schürmann Manfred | | 0:51:37 | M60 | 229 | 0:52:01 |
| 8 | 341 | Behrens Christoph | BSG Westfalen | 0:52:17 | M60 | 243 | 0:52:49 |
| 9 | 161 | Schweck Werner | WSU Lauftreff | 0:51:55 | M60 | 244 | 0:52:49 |
| 10 | 614 | Driese Werner | BSG - SPK. MSLO | 0:57:31 | M60 | 296 | 0:58:00 |
| 11 | 458 | Haverkamp Ulrich | | 0:58:31 | M60 | 302 | 0:59:15 |
| 12 | 636 | Schrewe Franz Bernhard | Theater - mit allen Sinnen | 1:02:23 | M60 | 312 | 1:02:39 |
| 13 | 226 | Illner Rolf | *Dorsten | 1:03:59 | M60 | 316 | 1:04:32 |
| Altersklasse Männer M65 | | | | | | | |
| 1 | 154 | Graeber Jürgen | LAC Langenhagen | 0:44:51 | M65 | 106 | 0:44:58 |
| 2 | 127 | Quattrocchi Fulvio | LSF Münster | 0:45:05 | M65 | 112 | 0:45:09 |
| 3 | 642 | Boberg Friedel | TV Georgsmarienhütte | 0:47:46 | M65 | 175 | 0:48:00 |
| 4 | 82 | Hoveling Heinz | LSF Münster | 0:49:45 | M65 | 202 | 0:49:51 |
| 5 | 151 | Venker Paul | LG Emsdetten | 0:52:16 | M65 | 235 | 0:52:23 |
| 6 | 274 | Radzanowski Werner | SV Schermbeck | 0:53:42 | M65 | 257 | 0:53:48 |
| 7 | 60 | Mehlich Klaus | *Steinfurt | 0:55:02 | M65 | 271 | 0:55:12 |
| 8 | 100 | Werner Gerhard | medisport Dortmund | 0:59:36 | M65 | 307 | 1:00:11 |
| 9 | 263 | Kreimer Bernd | Laufteufel | 1:01:46 | M65 | 311 | 1:02:21 |
| Altersklasse Männer M70 | | | | | | | |
| 1 | 135 | Manke Hans-Peter | Greven | 0:56:12 | M70 | 284 | 0:56:38 |
| 2 | 904 | Kreienbaum Bernhard | LSF Münster | 0:57:02 | M70 | 291 | 0:57:09 |

ZfS-Münster-City-Run 3. Juli 2016

10 km

Männer

Seite 7
gedruckt 03.07.2016 20:51:43

| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit |
|---------------------------------|-----|-----------------------|--------------------------|---------|------|--------|------------|
| Altersklasse Männer MHK | | | | | | | |
| 1 | 163 | Schönherr David | LSF Münster | 0:32:45 | MHK | 1 | 0:32:46 |
| 2 | 196 | Wegers Jonas | MTV Heide | 0:34:15 | MHK | 2 | 0:34:16 |
| 3 | 124 | Röthemeyer Marvin | LSF Münster | 0:34:55 | MHK | 3 | 0:34:56 |
| 4 | 167 | Heck Torben | *Bamberg | 0:35:40 | MHK | 4 | 0:35:41 |
| 5 | 105 | Isensee Gunnar | Wolfenbütteler THV | 0:37:10 | MHK | 12 | 0:37:13 |
| 6 | 74 | Bülte Luca | TuS Eintracht Minden | 0:37:13 | MHK | 14 | 0:37:20 |
| 7 | 109 | Brundieck Jens | Telgte | 0:37:38 | MHK | 17 | 0:37:42 |
| 8 | 650 | Scheffer Marc | MÖP MÖP MÖP | 0:38:43 | MHK | 24 | 0:38:45 |
| 9 | 914 | Martin Marcel | *Obertiefenbach | 0:38:59 | MHK | 26 | 0:39:01 |
| 10 | 323 | Stammnitz Florian | *Witten | 0:39:18 | MHK | 30 | 0:39:19 |
| 11 | 146 | Schürbüscher Laszlo | SG Rote Erde Beckum | 0:39:35 | MHK | 34 | 0:39:36 |
| 12 | 607 | Schröder Oliver | LSF Münster | 0:39:49 | MHK | 37 | 0:39:53 |
| 13 | 625 | Becks Justus | LSF Münster | 0:39:50 | MHK | 38 | 0:39:54 |
| 14 | 336 | Metz Nicolas | *Münster | 0:41:08 | MHK | 54 | 0:41:09 |
| 15 | 452 | Uhlmann Maximilian | effzeh | 0:43:25 | MHK | 77 | 0:43:30 |
| 16 | 322 | Groll Patrick | *Witten | 0:43:32 | MHK | 79 | 0:43:33 |
| 17 | 324 | Guttowsky Florian | *Witten | 0:43:36 | MHK | 80 | 0:43:37 |
| 18 | 254 | Hochscherff Fabian | Die Peselhegel | 0:44:13 | MHK | 91 | 0:44:30 |
| 19 | 376 | Fiol Joris | *Münster | 0:44:43 | MHK | 102 | 0:44:51 |
| 20 | 307 | Jeggle Leonard | *Münster | 0:44:51 | MHK | 113 | 0:45:13 |
| 21 | 335 | Maaß Michel | *Osnabrück | 0:44:42 | MHK | 114 | 0:45:14 |
| 22 | 199 | Griehl Stefan | H. Gautzsch | 0:45:46 | MHK | 131 | 0:46:10 |
| 23 | 315 | Meinert Julian | *Emsdetten | 0:45:40 | MHK | 133 | 0:46:15 |
| 24 | 417 | Möhlmann Tobias | BSG LVM Versicherung | 0:46:13 | MHK | 134 | 0:46:17 |
| 25 | 419 | Schumann Dennis | Realschule im Kreuzviert | 0:45:31 | MHK | 135 | 0:46:18 |
| 26 | 262 | Kus Rasim | *Münster | 0:46:42 | MHK | 143 | 0:46:47 |
| 27 | 30 | Schätzlein Peter | *Münster | 0:46:46 | MHK | 151 | 0:46:58 |
| 28 | 26 | Kastner Alexander | *Münster | 0:46:47 | MHK | 152 | 0:46:58 |
| 29 | 404 | Gausling Hendrik | H. Gautzsch | 0:46:42 | MHK | 155 | 0:47:16 |
| 30 | 84 | Menzel Daniel | *Hagen | 0:47:45 | MHK | 173 | 0:47:57 |
| 31 | 259 | Sander Til | *Emsdetten | 0:47:26 | MHK | 176 | 0:48:02 |
| 32 | 440 | Paar Moritz | | 0:48:45 | MHK | 189 | 0:48:57 |
| 33 | 190 | Lebkücher Sven | TTC Münster | 0:48:48 | MHK | 191 | 0:48:59 |
| 34 | 304 | Sabih Jamil | Clemenshospital | 0:49:40 | MHK | 205 | 0:50:01 |
| 35 | 397 | Björn Holdt | *Münster | 0:50:09 | MHK | 216 | 0:50:38 |
| 36 | 445 | Schulze Spüntrup Mark | | 0:50:41 | MHK | 219 | 0:51:07 |
| 37 | 462 | Noack Oliver | | 0:51:29 | MHK | 226 | 0:51:42 |
| 38 | 408 | Naumann Robert | H. Gautzsch | 0:51:46 | MHK | 232 | 0:52:11 |
| 39 | 311 | Buschhorn Florian | *Münster | 0:52:22 | MHK | 239 | 0:52:40 |
| 40 | 383 | Reichelt Jan | *Münster | 0:54:05 | MHK | 263 | 0:54:31 |
| 41 | 329 | Ertl Christian | *Dortmund | 0:54:16 | MHK | 268 | 0:54:52 |
| 42 | 327 | Stallmann Marco | *Münster | 0:55:28 | MHK | 279 | 0:55:58 |
| 43 | 290 | Adam Hendryk | *Münster | 0:55:45 | MHK | 280 | 0:56:00 |
| 44 | 278 | Lange David | *Münster | 0:56:20 | MHK | 287 | 0:56:43 |
| 45 | 33 | Hesse Felix | *Münster | 0:56:26 | MHK | 289 | 0:56:56 |
| 46 | 409 | Rosengarten Simon | H. Gautzsch | 0:56:46 | MHK | 294 | 0:57:19 |
| 47 | 352 | Sietas Andreas | CVJM | 0:57:48 | MHK | 297 | 0:58:18 |
| 48 | 362 | Beerhorst Christoph | *Dülmen | 0:59:10 | MHK | 303 | 0:59:32 |
| 49 | 162 | Schwartzte Martin | WSU Lauffreff | 0:59:41 | MHK | 305 | 0:59:57 |
| 50 | 349 | Schnurr Jonathan | *Münster | 1:00:13 | MHK | 309 | 1:00:41 |
| 51 | 405 | Kleindiek Hans-Werner | H. Gautzsch | 1:00:45 | MHK | 310 | 1:01:19 |
| 52 | 319 | Hacke Ben | *Münster | 1:04:48 | MHK | 318 | 1:05:24 |
| Altersklasse Männer MU16 | | | | | | | |
| 1 | 395 | Raschke Simon | *Münster | 0:44:29 | MU16 | 104 | 0:44:52 |
| 2 | 418 | Pieck Bente | Realschule im Kreuzviert | 0:47:13 | MU16 | 157 | 0:47:17 |
| 3 | 347 | Heineke Christoph | *Senden | 0:48:27 | MU16 | 190 | 0:48:58 |
| 4 | 428 | Lenfort Tom | Realschule im Kreuzviert | 0:52:31 | MU16 | 237 | 0:52:33 |

ZfS-Münster-City-Run 3. Juli 2016

10 km

Männer

Seite 8
gedruckt 03.07.2016 20:51:43

| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit |
|----------|-----|--------------|-------------|---------|----|--------|------------|
|----------|-----|--------------|-------------|---------|----|--------|------------|

Altersklasse Männer MU18

| | | | | | | | |
|----|-----|------------------------|--------------------------|---------|------|-----|---------|
| 1 | 189 | Krämer Joost | LSF Münster | 0:40:30 | MU18 | 43 | 0:40:33 |
| 2 | 373 | Kassebeer Jens | LSF Münster | 0:42:09 | MU18 | 63 | 0:42:18 |
| 3 | 95 | Glahn Luis | Sonntagsrunde | 0:45:27 | MU18 | 119 | 0:45:40 |
| 4 | 385 | Beinhauer Moritz | Johann-Conrad-Schlaun G | 0:45:21 | MU18 | 121 | 0:45:45 |
| 5 | 386 | Hernandez Esteban Fran | *Alcala de Henares | 0:45:57 | MU18 | 137 | 0:46:21 |
| 6 | 156 | Studinski Torben | SC Borchon | 0:46:30 | MU18 | 141 | 0:46:41 |
| 7 | 436 | Wiesmann Leon | LG Ems Warendorf | 0:47:10 | MU18 | 160 | 0:47:26 |
| 8 | 435 | Cordes Robin | WSU | 0:47:51 | MU18 | 177 | 0:48:06 |
| 9 | 465 | Lehmann Janne | DJK Milte | 0:55:32 | MU18 | 281 | 0:56:03 |
| 10 | 448 | Reilly Johannes | | 1:02:35 | MU18 | 315 | 1:03:09 |
| 11 | 420 | Strumann Ragnar | Realschule im Kreuzviert | 1:17:26 | MU18 | 320 | 1:18:06 |

Altersklasse Männer MU20

| | | | | | | | |
|---|-----|------------------|-------------|---------|------|-----|---------|
| 1 | 378 | Unterfeld Torben | LSF Münster | 0:42:09 | MU20 | 62 | 0:42:13 |
| 2 | 468 | Habersack Marco | | 0:53:43 | MU20 | 256 | 0:53:46 |

ZfS-Münster-City-Run 3. Juli 2016

10 km

Frauen

Seite 9
gedruckt 03.07.2016 20:51:43

| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit |
|--------------------------------|-----|-------------------------|------------------------|---------|-----|--------|------------|
| Altersklasse Frauen W30 | | | | | | | |
| 1 | 305 | Engl Maren | LSF Münster | 0:46:47 | W30 | 20 | 0:46:55 |
| 2 | 390 | Maren Schumacher | *Münster | 0:49:05 | W30 | 25 | 0:49:13 |
| 3 | 172 | Fennenkötter Ellen | LSF Münster | 0:50:53 | W30 | 33 | 0:51:19 |
| 4 | 46 | Wolfgart Maria | *Münster | 0:51:28 | W30 | 35 | 0:51:45 |
| 5 | 300 | Stellrecht Marlene | *Münster | 0:51:25 | W30 | 36 | 0:51:46 |
| 6 | 6 | Rothmund Friederike | Fechtfreunde Münster | 0:51:31 | W30 | 39 | 0:51:53 |
| 7 | 270 | Grabowski Sarah | *Münster | 0:51:59 | W30 | 42 | 0:52:31 |
| 8 | 439 | Kubas-Korzeniewski Kata | | 0:53:11 | W30 | 45 | 0:53:26 |
| 9 | 406 | Naumann Lara | H. Gautzsch | 0:54:50 | W30 | 55 | 0:55:15 |
| 10 | 66 | Schwab Verena | *Berlin | 0:55:16 | W30 | 58 | 0:55:33 |
| 11 | 16 | Knoke Kathrin | Team Rochus | 0:55:48 | W30 | 63 | 0:56:04 |
| 12 | 425 | Koops Ulrike | *Münster | 0:56:16 | W30 | 66 | 0:56:29 |
| 13 | 275 | Bisschop Sabine | *Münster | 0:56:25 | W30 | 70 | 0:56:56 |
| 14 | 144 | Hoffmann Isabel | Ironwomen | 0:58:25 | W30 | 83 | 0:58:53 |
| 15 | 441 | Hüttermann Claudia | | 1:13:06 | W30 | 109 | 1:13:40 |
| Altersklasse Frauen W35 | | | | | | | |
| 1 | 93 | Walter Katrin | Lauffreunde Bönen | 0:40:28 | W35 | 7 | 0:40:30 |
| 2 | 194 | Plaskaty Kathrin | LG Ems Warendorf | 0:52:33 | W35 | 44 | 0:52:49 |
| 3 | 463 | Diure Baiba | | 0:55:11 | W35 | 59 | 0:55:35 |
| 4 | 449 | Brechler Britta | | 0:56:29 | W35 | 69 | 0:56:53 |
| 5 | 245 | Vieth Judith | Run4Fun Greven e.V. | 0:56:32 | W35 | 71 | 0:57:01 |
| 6 | 92 | Weinberg Adeline | *Bad Bentheim | 1:00:29 | W35 | 92 | 1:01:00 |
| 7 | 266 | Lischo Jessica | Laufen rund um Münster | 1:01:50 | W35 | 99 | 1:02:10 |
| 8 | 130 | Reyer Sabrina | LippeRunners Werne | 1:04:38 | W35 | 103 | 1:05:06 |
| 9 | 19 | Hacke Sarah | *Münster | 1:04:52 | W35 | 104 | 1:05:27 |
| 10 | 451 | Yeong Hui Yee | | 1:08:11 | W35 | 107 | 1:08:28 |
| Altersklasse Frauen W40 | | | | | | | |
| 1 | 13 | Dörschel Christl | SG Wenden | 0:36:49 | W40 | 1 | 0:36:50 |
| 2 | 128 | Postert Christiane | *Münster | 0:42:56 | W40 | 9 | 0:43:01 |
| 3 | 61 | Löckemann Markus | LG Emsdetten | 0:44:03 | W40 | 13 | 0:44:09 |
| 4 | 150 | Weimar Sonja | androGym Münster | 0:44:53 | W40 | 14 | 0:45:02 |
| 5 | 143 | Heuer Tanja | LG Emsdetten | 0:45:55 | W40 | 16 | 0:46:00 |
| 6 | 136 | Schürmann Sandra | LippeRunners Werne | 0:49:12 | W40 | 26 | 0:49:37 |
| 7 | 176 | Kolar Miriam | LSF Münster | 0:50:32 | W40 | 32 | 0:50:49 |
| 8 | 137 | Engler Heike | BSG Sparkasse Münster | 0:51:16 | W40 | 34 | 0:51:33 |
| 9 | 59 | Gottschalk Antje | *Münster | 0:54:39 | W40 | 52 | 0:54:53 |
| 10 | 246 | Muer Hella | Run4Fun Greven e.V. | 0:57:00 | W40 | 78 | 0:57:30 |
| 11 | 459 | Orthaus Kathrin | *Ahlen | 0:58:13 | W40 | 81 | 0:58:33 |
| 12 | 295 | Buchheister Sandra | Reher & Kollegen | 0:59:24 | W40 | 88 | 0:59:56 |
| 13 | 153 | Özkartal Susanne | Laufen rund um Münster | 1:01:49 | W40 | 97 | 1:02:09 |
| 14 | 432 | Wieners Sandra | | 1:10:42 | W40 | 108 | 1:11:18 |
| Altersklasse Frauen W45 | | | | | | | |
| 1 | 173 | Wied Ramona | SG Wenden | 0:38:21 | W45 | 3 | 0:38:23 |
| 2 | 931 | Schäpers Silke | Rhein-Berg Runners | 0:38:47 | W45 | 4 | 0:38:49 |
| 3 | 171 | Ludwig Sabine | Spiridon Haltern | 0:43:59 | W45 | 12 | 0:44:02 |
| 4 | 63 | Hofmann Korinna | Las Saalinas | 0:46:17 | W45 | 17 | 0:46:24 |
| 5 | 186 | Gomes Rosa | LSF Münster | 0:49:52 | W45 | 28 | 0:49:58 |
| 6 | 620 | Köhr Heike | Marathon Steinfurt | 0:49:53 | W45 | 30 | 0:50:07 |
| 7 | 453 | Schwarze Katja | ASC Alswede | 0:51:13 | W45 | 37 | 0:51:46 |
| 8 | 56 | Leugers Katja | *Münster | 0:54:28 | W45 | 53 | 0:54:54 |
| 9 | 202 | Lammerding-Suntrup Ines | H. Gautzsch | 0:54:53 | W45 | 56 | 0:55:18 |
| 10 | 471 | Lüpfert Johanna | | 0:56:38 | W45 | 72 | 0:57:05 |
| 11 | 89 | Banach Sandra | Laufen rund um Münster | 0:58:42 | W45 | 85 | 0:58:59 |
| 12 | 155 | Studinski Maike | SC Borchen | 0:59:40 | W45 | 89 | 1:00:08 |
| 13 | 24 | Mertl Corinna | Laufen rund um Münster | 1:07:11 | W45 | 105 | 1:07:35 |

ZfS-Münster-City-Run 3. Juli 2016

10 km

Frauen

Seite 10
gedruckt 03.07.2016 20:51:43

| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit |
|--------------------------------|-----|-------------------------|------------------------|---------|-----|--------|------------|
| Altersklasse Frauen W50 | | | | | | | |
| 1 | 152 | Kloppenborg Petra | LG Emsdetten | 0:45:25 | W50 | 15 | 0:45:28 |
| 2 | 364 | Niehoff Cordula | VfL Ahaus | 0:48:36 | W50 | 24 | 0:48:44 |
| 3 | 228 | Heuer Barbara | LSF Münster | 0:50:13 | W50 | 31 | 0:50:22 |
| 4 | 294 | Reinink Martina | *Telgte | 0:53:11 | W50 | 47 | 0:53:32 |
| 5 | 102 | Schulze Bisping Agnes | Billerbecker Läufer | 0:54:10 | W50 | 50 | 0:54:22 |
| 6 | 447 | Reilly Marion | | 0:54:03 | W50 | 51 | 0:54:37 |
| 7 | 289 | Adam Dorothee | *Düsseldorf | 0:55:46 | W50 | 62 | 0:56:00 |
| 8 | 401 | Berg Margret | H. Gautzsch | 0:56:08 | W50 | 67 | 0:56:32 |
| 9 | 640 | Glasbrenner Ursula | | 0:57:56 | W50 | 80 | 0:58:29 |
| 10 | 239 | Spatz Gaby | LSF Münster | 1:02:03 | W50 | 100 | 1:02:39 |
| Altersklasse Frauen W55 | | | | | | | |
| 1 | 456 | Gerken Claudia | | 0:58:32 | W55 | 86 | 0:59:15 |
| 2 | 646 | Wippert-Tepe Petra | BSV Ostbevern | 1:01:02 | W55 | 95 | 1:01:34 |
| Altersklasse Frauen W60 | | | | | | | |
| 1 | 83 | Feyerabend Maria | LSF Münster | 0:46:39 | W60 | 19 | 0:46:43 |
| 2 | 241 | Kies Mechtild | LG Emsdetten | 0:46:52 | W60 | 21 | 0:46:58 |
| 3 | 148 | Haselmann Ursula | RSF Münster | 0:58:38 | W60 | 82 | 0:58:52 |
| Altersklasse Frauen W65 | | | | | | | |
| 1 | 139 | Krampe Ursula | Lippe runners | 1:02:30 | W65 | 101 | 1:02:58 |
| Altersklasse Frauen WHK | | | | | | | |
| 1 | 901 | Lüning Sandra | LSF Münster | 0:37:33 | WHK | 2 | 0:37:36 |
| 2 | 133 | Frederike Anne Straeten | LG Brillux Münster | 0:39:30 | WHK | 5 | 0:39:32 |
| 3 | 928 | Kortmann Sonja | *Everswinkel | 0:39:49 | WHK | 6 | 0:39:53 |
| 4 | 192 | Möse Kristin | Starlight Team Essen | 0:42:36 | WHK | 8 | 0:42:44 |
| 5 | 101 | Fels Anika | LG Coesfeld | 0:43:52 | WHK | 11 | 0:44:00 |
| 6 | 141 | Anne Cremer | *Münster | 0:47:31 | WHK | 22 | 0:47:41 |
| 7 | 187 | Demand Vanessa | *Osnabrück | 0:49:10 | WHK | 27 | 0:49:44 |
| 8 | 243 | Fender Valerie | Radclub Münster | 0:51:26 | WHK | 38 | 0:51:51 |
| 9 | 356 | Bloemen Carmen | *Geldern | 0:51:42 | WHK | 40 | 0:52:05 |
| 10 | 115 | Teutemacher Lena | *Emsdetten | 0:51:43 | WHK | 41 | 0:52:06 |
| 11 | 926 | Terpelle Doris | | 0:52:32 | WHK | 43 | 0:52:43 |
| 12 | 293 | Reinink Anna-Lena | *Telgte | 0:53:10 | WHK | 46 | 0:53:31 |
| 13 | 313 | Hülsmann Annika | bevegt | 0:53:18 | WHK | 49 | 0:53:49 |
| 14 | 361 | Franze Elena | *Warendorf | 0:55:01 | WHK | 54 | 0:55:10 |
| 15 | 359 | Bobisz Miriam | *Harsewinkel | 0:55:07 | WHK | 57 | 0:55:28 |
| 16 | 312 | Hunger Marie | *Münster | 0:55:32 | WHK | 60 | 0:55:50 |
| 17 | 328 | Neumann Sarah | *Münster | 0:55:28 | WHK | 61 | 0:55:58 |
| 18 | 272 | Windgassen Anja | Team Rochus | 0:55:50 | WHK | 64 | 0:56:07 |
| 19 | 338 | Preckel Charlotte | *Münster | 0:55:38 | WHK | 65 | 0:56:10 |
| 20 | 365 | Schmidt Katrin | *Osnabrück | 0:56:20 | WHK | 68 | 0:56:42 |
| 21 | 379 | Wess Verena | *Münster | 0:56:56 | WHK | 73 | 0:57:06 |
| 22 | 360 | Riemann Kathrin | *Münster | 0:57:10 | WHK | 75 | 0:57:18 |
| 23 | 25 | Watermeyer Johanna | *Münster | 0:57:15 | WHK | 76 | 0:57:27 |
| 23 | 279 | Busjan Jessica | *Münster | 0:57:15 | WHK | 76 | 0:57:27 |
| 25 | 350 | Krings Christina | *Münster | 0:57:41 | WHK | 79 | 0:58:10 |
| 26 | 384 | Schwabe Inga | *Münster | 0:58:38 | WHK | 84 | 0:58:54 |
| 27 | 612 | Feldmann Janina | | 0:59:10 | WHK | 87 | 0:59:36 |
| 28 | 276 | Ahlers Maren | *Münster | 0:59:54 | WHK | 91 | 1:00:28 |
| 29 | 271 | Husch Jessica | *Münster | 1:00:37 | WHK | 93 | 1:01:10 |
| 30 | 434 | Both Sabrina | | 1:01:42 | WHK | 96 | 1:02:09 |
| 31 | 433 | Freckmann Anna | | 1:01:42 | WHK | 98 | 1:02:09 |
| 32 | 302 | Krüger Gesa | *Münster | 1:04:30 | WHK | 102 | 1:05:06 |
| 33 | 457 | Buckmann Linda | Laufen rund um Münster | 1:07:12 | WHK | 106 | 1:07:35 |

ZfS-Münster-City-Run 3. Juli 2016

10 km

Frauen

Seite 11
gedruckt 03.07.2016 20:51:43

| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit |
|---------------------------------|-----|---------------------------|--------------------------|---------|------|--------|------------|
| Altersklasse Frauen WU16 | | | | | | | |
| 1 | 344 | Bonmann Sarah | *Senden | 0:47:11 | WU16 | 23 | 0:47:42 |
| 2 | 466 | Schulze Westhoff Christin | SC Müssingen | 0:49:35 | WU16 | 29 | 0:50:06 |
| 3 | 346 | Wessels Birte | *Senden | 0:56:45 | WU16 | 74 | 0:57:16 |
| 4 | 345 | Werschmann Greta | *Senden | 1:00:58 | WU16 | 94 | 1:01:28 |
| Altersklasse Frauen WU18 | | | | | | | |
| 1 | 911 | Rose Ida | LSF Münster | 0:43:06 | WU18 | 10 | 0:43:09 |
| 2 | 619 | Köhr Antonia | Marathon Steinfurt | 0:46:23 | WU18 | 18 | 0:46:36 |
| 3 | 431 | Kienapfel Noemi | Realschule im Kreuzviert | 1:19:10 | WU18 | 110 | 1:19:47 |
| Altersklasse Frauen WU20 | | | | | | | |
| 1 | 444 | Dieckmann Laura | TVE Lauffreunde Gladbe | 0:53:12 | WU20 | 48 | 0:53:34 |
| 2 | 424 | Ahlers Berit | *Münster | 0:59:49 | WU20 | 90 | 1:00:22 |