

Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
1	2	Kimaiyo Kimutai Dickson	BROOKS Running Team	0:29:45	MHK	1	0:29:44	- 05:50 05:53 06:03 06:02 05:53	20,17 km/h
2	3	Kimutai Andrew Ben	BROOKS Running Team	0:30:15	MHK	2	0:30:15	- 05:49 05:55 06:02 06:10 06:16	19,83 km/h
3	1	Bane Tola	BROOKS Running Team	0:30:43	MHK	3	0:30:42	- 05:51 06:00 06:13 06:19 06:17	19,53 km/h
4	6	Hailu Atey Yohannes	TUS Deutz	0:31:02	MHK	4	0:31:01	- 05:53 06:10 06:19 06:19 06:18	19,34 km/h
5	556	Schwiegelshohn Fynn	BROOKS Running Team -	0:31:47	MHK	5	0:31:46	- 06:13 06:20 06:28 06:25 06:18	18,88 km/h
6	589	Neuhaus Christof	BROOKS Running Team -	0:32:02	MHK	6	0:32:01	- 06:20 06:23 06:20 06:27 06:29	18,74 km/h
7	298	Wilms Michael	BROOKS Running Team -	0:33:22	MHK	7	0:33:21	- 06:39 06:36 06:43 06:43 06:38	17,99 km/h
8	487	Rinne Yannick	LSF Münster	0:33:46	MHK	8	0:33:44	- 06:42 06:46 06:47 06:49 06:38	17,78 km/h
9	533	Schönherr David	LSF Münster	0:33:46	MHK	9	0:33:45	- 06:31 06:45 06:51 06:52 06:44	17,78 km/h
10	143	Fischer Malte	Trinitas Dortmund	0:33:57	MU14	1	0:33:55	- 06:41 06:50 06:54 06:50 06:38	17,69 km/h
11	501	Ruhe Michael	BROOKS Running Team -	0:34:04	MHK	10	0:34:02	- 06:43 06:50 06:52 06:50 06:45	17,63 km/h
12	62	Böhringer Henrik	BROOKS Running Team -	0:34:13	MHK	11	0:34:12	- 06:45 06:50 06:51 06:54 06:49	17,54 km/h
13	871	Voigt Nils	LG Brillux Münster	0:34:19	MU18	1	0:34:18	- 06:44 06:44 06:46 06:51 07:10	17,49 km/h
14	334	Kuhlmann John	LSF Münster	0:34:40	M30	1	0:34:38	- 06:44 06:49 06:56 07:04 07:04	17,32 km/h
15	304	Konietzky Franz	TV Wattenscheid 01	0:34:41	MHK	12	0:34:40	- 06:43 06:51 06:55 07:16 06:53	17,31 km/h
16	720	Wilson Paul	Knox Athletic Club	0:34:49	M45	1	0:34:48	- 06:49 06:52 06:57 07:03 07:05	17,23 km/h
17	482	Remus Elmar	LC Solbad Ravensberg	0:35:07	M35	1	0:35:06	- 06:33 06:56 07:08 07:18 07:08	17,09 km/h
18	900	Czerny Sebastian	Mondi TriFinisch Münster	0:35:15	MHK	13	0:35:13	- 06:45 06:59 07:14 07:13 07:00	17,03 km/h
19	648	Voß Tim	BROOKS Running Team -	0:35:25	MHK	14	0:35:23	- 06:45 06:53 07:14 07:16 07:13	16,95 km/h
20	267	Kaminski Damian	LSF Münster	0:35:42	MHK	15	0:35:40	- 07:04 06:58 07:05 07:18 07:14	16,82 km/h
21	1001	Auf'mkolk Hendrik	Run Happy team	0:35:51	M30	2	0:35:50	- 06:58 07:07 07:14 07:19 07:09	16,74 km/h
22	773	Maschmeyer Sebastian	SC Herrenhausen	0:36:15	M35	2	0:36:12	- 06:45 07:03 07:25 07:34 07:23	16,57 km/h
23	549	Schulte-Zurhausen Roman	Ausdauer Schule by bunert	0:36:17	M30	3	0:36:16	- 06:43 07:01 07:14 07:33 07:43	16,54 km/h
24	934	Butschlat Guido	SV 06 Oetinghausen	0:36:39	M40	1	0:36:37	- 06:58 07:10 07:24 07:38 07:26	16,38 km/h
25	380	Marquardt Christof	LV Oelde / BSG Sparkass	0:36:45	M45	2	0:36:44	- 06:51 07:11 07:25 07:33 07:41	16,33 km/h
25	849	Kott Georg	LC Rabid Dortmund	0:36:45	M50	1	0:36:44	- 07:03 07:20 07:26 07:33 07:20	16,33 km/h
27	183	Günnigmann Michael	SC Falke Saerbeck	0:36:59	M30	4	0:36:58	- 06:46 07:16 07:37 07:42 07:36	16,23 km/h
28	242	Hug Marc	Rock, Ride, Run!	0:37:11	M30	5	0:37:09	- 06:55 07:11 07:28 07:46 07:48	16,14 km/h
29	315	Kramer Bastian	TV Emsdetten	0:37:23	M30	6	0:37:18	- 07:10 07:24 07:30 07:39 07:33	16,08 km/h
30	1009	Pugge Daniel	Run Happy team	0:37:42	M30	7	0:37:39	- 07:01 07:18 07:44 07:54 07:40	15,93 km/h
31	884	Wolbert Martin	HSP Münster Laufteam	0:37:43	MHK	16	0:37:41	- 07:14 07:32 07:35 07:44 07:34	15,92 km/h
32	24	Auerswald Steffen	LG Ems Warendorf	0:37:52	M45	3	0:37:48	- 07:00 07:21 07:42 08:00 07:42	15,87 km/h
33	897	Kattelmann Mich	VLL Bielefeld	0:38:01	M40	2	0:37:59	- 07:14 07:37 07:42 07:51 07:34	15,79 km/h
34	717	Krämer Max		0:38:05	MHK	17	0:37:53	- 06:57 07:33 07:49 07:52 07:40	15,84 km/h
35	502	Ruland Tillmann	LAC Veltins Hochsauerlan	0:38:07	M30	8	0:38:04	- 07:13 07:37 07:40 07:50 07:42	15,76 km/h
36	102	Dinslage Lutz	Brooks Run Happy Team	0:38:09	M35	3	0:38:08	- 07:09 07:34 07:48 07:51 07:44	15,73 km/h
37	146	Franz Marten	SFDV75 Düsseldorf	0:38:19	MHK	18	0:38:07	- 07:28 07:31 07:43 07:47 07:35	15,74 km/h
38	248	Isensee Gunnar	Wolfenbütteler THV	0:38:29	MHK	19	0:38:27	- 07:05 07:34 07:46 07:58 08:02	15,60 km/h
39	452	Peck Thomas	Marathon Soest	0:38:37	MHK	20	0:38:34	- 07:25 07:38 07:47 07:51 07:51	15,55 km/h
40	687	Zilian Yves	Brooks Run Happy-Team	0:38:42	MHK	21	0:38:38	- 07:06 07:33 07:48 07:58 08:11	15,53 km/h
41	659	Weste Harry		0:38:58	M35	4	0:38:58	- 07:16 07:37 07:58 08:07 07:59	15,39 km/h
42	941	Kamp Jörg	TV Mettingen	0:39:00	M45	4	0:38:58	- 07:13 07:37 07:55 08:12 07:59	15,39 km/h
43	570	stadthaus Holger	LSF Münster	0:39:09	M40	3	0:39:04	- 07:32 07:44 07:54 07:59 07:53	15,35 km/h
44	933	Wessel Florian	*M#nster	0:39:13	M30	9	0:39:07	- 07:25 07:45 08:00 08:01 07:54	15,34 km/h
45	523	Schlusen Sebastian	TuS Germania Horstmar	0:39:16	MHK	22	0:39:14	- 07:02 07:38 08:01 08:24 08:06	15,29 km/h
46	80	Bußkönning Fabian	LAZ Rhede	0:39:19	MU20	1	0:39:17	- 07:12 07:38 08:05 08:13 08:06	15,27 km/h
47	907	Kleine Vorholt Theo		0:39:20	M45	5	0:39:16	- 07:29 07:50 07:59 08:00 07:55	15,27 km/h
48	266	Kämper Marcel	LSF Münster	0:39:26	M30	10	0:39:22	- 07:33 07:51 08:01 08:13 07:43	15,24 km/h
49	896	Kahlenberg Fabian		0:39:26	MU20	2	0:39:23	- 07:06 07:41 08:11 08:25 07:59	15,23 km/h
50	409	Möllers Denis	TriFinish Münster	0:39:28	MHK	23	0:39:15	- 07:29 07:48 08:03 08:01 07:51	15,28 km/h
51	860	Brinker Klaus	LSF Münster	0:39:31	M35	5	0:39:27	- 07:25 07:47 08:04 08:12 07:57	15,20 km/h
52	684	Zeiß Frederik		0:39:31	M30	11	0:39:17	- 07:26 07:49 08:04 08:01 07:54	15,27 km/h
53	649	Wälte Daniel	LSF Münster	0:39:39	M30	12	0:39:33	- 07:52 07:55 07:58 08:00 07:46	15,17 km/h
54	879	Neumann Dirk	TuS Deutz	0:39:39	M45	6	0:39:35	- 07:42 07:49 08:00 08:03 07:59	15,16 km/h
55	528	Schmiing Reinhard	LSF Münster	0:39:39	M45	7	0:39:34	- 07:28 07:52 08:03 08:09 08:01	15,16 km/h
56	520	Schlüter Jean Mitja		0:39:42	MU16	1	0:39:34	- 07:48 07:54 07:53 07:56 08:01	15,16 km/h
57	832	Kienecker Bodo	LSF Münster	0:39:50	M50	2	0:39:45	- 07:47 07:55 07:57 08:07 07:57	15,09 km/h

Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
58	133	Fehmer Michael	Marathon Steinfurt	0:39:57	M40	4	0:39:52	07:28 07:51 08:02 08:17 08:12	15,05 km/h
59	550	Schulze Ralf	LSF Münster	0:40:03	M35	6	0:39:59	07:42 07:56 08:03 08:12 08:06	15,00 km/h
60	137	Fels Sven	LG Coesfeld	0:40:11	MHK	24	0:40:05	07:41 07:51 08:04 08:03 08:25	14,96 km/h
61	910	Schulze Julian	Marathon Soest	0:40:15	M30	13	0:40:08	07:28 07:54 08:15 08:20 08:09	14,95 km/h
62	39	Bardtke Thomas	BSG LVM Versicherung	0:40:15	M45	8	0:40:11	07:36 07:50 08:06 08:18 08:19	14,93 km/h
63	873	Arnsberg Ulrich	TuS Hiltrup	0:40:18	M45	9	0:40:06	07:58 07:58 08:02 08:06 08:00	14,96 km/h
64	408	Moeller Anders	1 (GE/NL) Corps	0:40:21	M45	10	0:40:12	07:46 07:55 08:06 08:14 08:09	14,92 km/h
65	255	Jeurissen Simon		0:40:21	MU20	3	0:40:18	07:15 07:38 08:12 08:46 08:25	14,88 km/h
66	760	Bauer Klemens		0:40:22	MHK	25	0:40:12	07:44 08:03 08:12 08:13 07:59	14,92 km/h
67	215	Herrmann Sebastian		0:40:26	MHK	26	0:40:18	07:27 08:05 08:19 08:21 08:04	14,88 km/h
68	271	Kasprik Michael	LSF Münster	0:40:28	M35	7	0:40:25	07:33 07:55 08:16 08:26 08:14	14,84 km/h
69	609	Thurnher Jeff	1 (GE/NL) Corps	0:40:37	M40	5	0:40:28	07:31 07:58 08:10 08:24 08:22	14,82 km/h
70	417	Müller Florian	Brooks Run Happy Team	0:40:40	M30	14	0:40:30	07:37 07:56 08:17 08:21 08:17	14,81 km/h
70	695	Berding Kai	FC Münster 05	0:40:40	M30	14	0:40:38	07:33 08:00 08:19 08:34 08:10	14,76 km/h
72	494	Rohleder Lukas		0:40:45	MHK	27	0:40:39	07:46 08:02 08:20 08:28 08:01	14,76 km/h
73	681	Woltring Stefan	SVC Laggenbeck	0:40:46	M50	3	0:40:43	07:44 08:08 08:18 08:20 08:10	14,74 km/h
74	893	Gausmann André	TV Georgsmarienhütte	0:40:57	MHK	28	0:40:42	07:50 08:01 08:31 08:25 07:53	14,74 km/h
75	611	Tillack Hans	LG Emsdetten	0:41:08	M55	1	0:40:56	07:46 07:59 08:10 08:27 08:32	14,65 km/h
76	618	Trumpp Henning	AGRAVIS BSG	0:41:09	M45	11	0:41:01	07:36 07:53 08:21 08:47 08:22	14,62 km/h
77	908	Lux Holger	RC Endspurt Herford	0:41:12	M40	6	0:41:08	07:46 08:06 08:14 08:32 08:29	14,58 km/h
78	1012	Schaper Uli		0:41:19	M30	16	0:41:13	07:26 07:54 08:36 08:34 08:41	14,56 km/h
79	604	Thomas Christoph		0:41:21	M40	7	0:41:09	07:56 08:03 08:06 08:28 08:35	14,58 km/h
80	624	Uhlendahl Markus	TUSEM Essen	0:41:25	M40	8	0:41:21	07:51 08:08 08:21 08:36 08:23	14,51 km/h
81	269	Kanne Martin		0:41:26	M45	12	0:41:23	07:44 08:04 08:19 08:36 08:38	14,49 km/h
82	306	Korn Lennart	Brooks Run Happy-Team (0:41:35	MHK	29	0:41:27	07:53 08:06 08:21 08:36 08:30	14,47 km/h
83	544	Schubert Marvin	Laufsportteam WN	0:41:45	MHK	30	0:41:40	07:45 07:56 08:14 08:43 09:01	14,40 km/h
84	780	Rösicke Marc	OSP Dortmund	0:41:49	M40	9	0:41:37	08:03 08:06 08:18 08:32 08:36	14,41 km/h
84	943	Willingmann Todt G.	Lauffreunde Bönen	0:41:49	M45	13	0:41:44	08:14 08:24 08:28 08:25 08:11	14,37 km/h
86	308	Korte Jens		0:41:51	M45	14	0:41:14	07:53 08:08 08:19 08:25 08:26	14,55 km/h
87	372	Mai Roland	LSF Münster	0:41:52	M45	15	0:41:46	08:02 08:23 08:32 08:35 08:12	14,36 km/h
88	768	Colt Andreas	Laufsteiger.de	0:41:58	MHK	31	0:41:55	07:45 08:10 08:32 09:10 08:17	14,31 km/h
89	776	Pösentrup Simon	LSF Münster	0:42:07	MU16	2	0:42:01	07:31 08:00 08:29 08:57 09:03	14,28 km/h
90	901	Sterthaus Jens	TU Mesum	0:42:10	MHK	32	0:42:05	07:30 07:52 08:38 08:56 09:07	14,26 km/h
91	31	Ayadi Pierre	BROOKS Running Team -	0:42:11	M35	8	0:42:08	08:13 08:20 08:29 08:31 08:33	14,24 km/h
92	74	Buddendick Rainer	Wasser &Freizeit	0:42:17	M35	9	0:42:09	08:08 08:12 08:31 08:48 08:29	14,23 km/h
93	191	Hackmann Armin		0:42:19	M30	17	0:41:44	07:52 08:14 08:31 08:40 08:26	14,37 km/h
94	179	Grond Josef	Marathon Steinfurt	0:42:22	M60	1	0:42:19	08:02 08:20 08:30 08:41 08:44	14,17 km/h
95	583	Strotmeier Florian	LG Ems Warendorf	0:42:26	MHK	33	0:42:22	07:40 08:08 08:32 09:04 08:57	14,16 km/h
96	889	Siegmond Benjamin	WSU	0:42:33	M35	10	0:42:23	07:52 08:17 08:41 08:55 08:37	14,15 km/h
97	87	Damwerth Matthias	W+F Münster	0:42:52	M45	16	0:42:41	08:19 08:31 08:35 08:42 08:33	14,05 km/h
98	701	Glöckener Manuel	FC Münster 05	0:42:55	M30	18	0:42:53	07:32 08:07 08:53 09:17 09:02	13,99 km/h
99	833	Geitel Christoph	ARC zu Münster	0:42:57	M45	17	0:42:44	07:55 08:11 08:34 08:59 09:04	14,04 km/h
100	297	Koch Mathias	LSF Münster	0:42:58	M35	11	0:42:53	07:56 08:16 08:39 09:01 08:59	13,99 km/h
101	486	Riesenbeck Ingo	H. Gautzsch	0:42:59	M35	12	0:42:45	08:25 08:34 08:40 08:38 08:26	14,03 km/h
102	330	Krüssel Heinz	Brooks Run Happy Team	0:43:07	M45	18	0:43:01	07:41 08:09 08:57 09:13 08:59	13,95 km/h
103	707	Martens Marcel	Run Happy team	0:43:12	M35	13	0:43:01	07:40 08:27 08:51 09:00 09:00	13,95 km/h
104	333	Kütz Matthias	smartOPTIMO	0:43:14	M30	19	0:42:57	08:00 08:18 08:35 09:09 08:53	13,97 km/h
105	942	Öing Thomas	sportbeat.de	0:43:15	M45	19	0:43:11	07:54 08:34 08:52 08:58 08:50	13,89 km/h
106	906	Kaldewei Georg		0:43:15	M40	10	0:43:03	08:19 08:30 08:43 08:57 08:33	13,93 km/h
107	655	Werner Dominik		0:43:16	MHK	34	0:43:09	07:36 08:25 09:02 09:08 08:57	13,90 km/h
108	178	Groene Philipp	Privat	0:43:18	MHK	35	0:42:54	08:05 08:23 08:34 08:55 08:55	13,98 km/h
109	443	Othmer Andreas		0:43:21	M40	11	0:43:06	08:20 08:23 08:40 08:58 08:43	13,92 km/h
110	358	Lübke Ingo	smartOPTIMO	0:43:24	M50	4	0:43:05	08:05 08:31 08:47 08:54 08:46	13,92 km/h
111	382	Matrose Arne	Realschule im Kreuzviertel	0:43:25	M30	20	0:43:15	08:20 08:44 08:42 08:50 08:37	13,87 km/h
112	623	Uesbeck Sebastian	HSP Münster Laufteam	0:43:28	MHK	36	0:43:18	08:56 08:56 08:42 08:50 07:51	13,86 km/h
113	463	Porwoll Marian	Laufburschen	0:43:28	MHK	37	0:43:19	08:56 08:56 08:42 08:51 07:51	13,85 km/h
114	77	Busch Harald	SC Altenrheine	0:43:28	M45	20	0:43:25	08:00 08:38 08:53 08:57 08:55	13,82 km/h

Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
115	642	Volmer Stefan		0:43:30	M45	21	0:43:08	- 08:13 08:30 08:48 08:53 08:43	13,91 km/h
116	254	Jens Kahmann	BSG Newzella	0:43:30	M30	21	0:43:12	- 08:01 08:26 08:47 09:02 08:54	13,89 km/h
117	253	Jeising Sebastian		0:43:31	MU16	3	0:43:22	- 07:49 08:12 08:44 09:12 09:23	13,83 km/h
118	166	Gerling Hendrik	BSG Westfalen AG	0:43:34	M35	14	0:43:20	- 07:59 08:21 08:47 09:06 09:05	13,84 km/h
119	142	Fischer Dr. Arne	LSF Münster	0:43:35	M45	22	0:43:30	- 07:46 08:19 08:42 09:08 09:34	13,79 km/h
120	868	Westphal Matthias		0:43:37	MHK	38	0:43:27	- 07:37 08:12 08:55 09:06 09:35	13,81 km/h
121	935	Gutowski Thomas	BSG Provinzial	0:43:38	M45	23	0:43:33	- 08:17 08:42 08:56 08:56 08:39	13,77 km/h
122	221	Hilbrandt Jonas	Realschule im Kreuzviertel	0:43:40	MU16	4	0:43:31	- 07:44 08:13 08:39 09:24 09:28	13,78 km/h
123	863	Reimann Hans		0:43:41	M60	2	0:43:33	- 08:15 08:39 08:50 08:59 08:47	13,78 km/h
124	872	Gaida Sebastian	WSU Tri-Team Warendorf	0:43:42	M35	15	0:43:35	- 08:01 08:35 08:47 09:07 09:03	13,76 km/h
125	224	Höwer Peter	Tri Finish Münster	0:43:46	M55	2	0:43:38	- 08:17 08:38 08:49 09:00 08:52	13,75 km/h
126	725	Schürmann Adrian		0:43:46	M30	22	0:43:31	- 08:15 08:35 08:50 08:58 08:51	13,79 km/h
127	661	Westermann Tobias		0:43:49	M35	16	0:43:41	- 08:17 08:28 08:48 09:15 08:51	13,73 km/h
128	838	Wittig Klemens	LC Rapid Dortmund	0:43:57	M70	1	0:43:55	- 08:25 08:42 08:52 09:01 08:54	13,66 km/h
129	132	Fahlefeld Carsten	Marathon Soest	0:44:02	M40	12	0:43:48	- 08:34 08:47 08:58 08:58 08:30	13,70 km/h
130	1424	Wilson Jonas	Knox	0:44:06	MU16	5	0:44:05	- 07:43 08:40 08:59 09:33 09:08	13,61 km/h
131	469	Radau Janis	Run Happy Team	0:44:07	MHK	39	0:44:01	- 07:55 08:25 09:06 09:28 09:05	13,63 km/h
132	836	Kowalziek Holger		0:44:07	M40	13	0:44:00	- 07:48 08:34 09:00 09:13 09:23	13,63 km/h
133	887	Korella Dirk		0:44:09	M50	5	0:43:51	- 08:40 08:33 08:47 08:57 08:51	13,68 km/h
134	495	Romary Mirco		0:44:13	M35	17	0:43:42	- 08:14 08:21 08:40 08:50 09:35	13,73 km/h
135	313	Kozjan Bogdan	revival24.net	0:44:23	M40	14	0:44:05	- 08:56 08:55 08:58 08:52 08:23	13,61 km/h
136	615	Träger André	Marathon Ibbenbüren	0:44:26	M45	24	0:44:04	- 08:34 08:45 08:54 09:00 08:50	13,61 km/h
137	610	Till Michael	BSG Westfalen AG	0:44:30	M50	6	0:44:16	- 08:32 08:44 09:01 09:11 08:47	13,55 km/h
138	497	Rossel Felix	1 (GE/NL) Corps	0:44:31	MHK	40	0:43:45	- 08:57 08:11 09:01 09:12 08:22	13,71 km/h
139	619	Tschauner Caspar	Brooks Run Happy-Team (0:44:47	M30	23	0:44:40	- 07:58 08:30 09:06 09:35 09:29	13,43 km/h
140	647	Vortkamp Markus		0:44:48	M40	15	0:44:26	- 08:23 08:50 09:00 09:09 09:02	13,50 km/h
141	764	Neikum Alexander		0:44:49	MHK	41	0:44:31	- 08:12 08:34 09:00 09:23 09:21	13,47 km/h
142	606	Thorsten Holtrichter		0:44:53	M30	24	0:44:45	- 08:08 08:26 09:08 09:19 09:41	13,41 km/h
143	13	Ahring Udo	Landstreicher	0:44:53	M50	7	0:44:44	- 08:21 08:50 09:07 09:21 09:03	13,41 km/h
144	383	maximilian schimanski	schwipster	0:44:54	MHK	42	0:44:21	- 08:57 08:38 08:54 09:05 08:45	13,53 km/h
145	614	Toporowski Daniel		0:44:57	M35	18	0:44:47	- 08:33 08:54 09:05 09:08 09:06	13,39 km/h
146	779	Leifkes Daniel	GW Luenten	0:45:03	M35	19	0:44:55	- 07:53 08:38 09:13 09:32 09:37	13,36 km/h
147	177	Griehl Stefan	H. Gautzsch	0:45:04	MHK	43	0:44:46	- 08:20 08:31 08:49 09:25 09:39	13,40 km/h
148	401	Middendorf Tim	Laufen ist unser Leben	0:45:07	M30	25	0:45:02	- 08:15 08:32 09:04 09:28 09:41	13,32 km/h
148	190	Hackeneß Markus	BSG - Berufsfeuerwehr M	0:45:07	M45	25	0:44:55	- 08:31 08:55 09:06 09:18 09:03	13,36 km/h
150	475	Redemeyer Bernd	LG Ahhlen	0:45:09	M45	26	0:44:55	- 08:32 08:59 09:06 09:16 08:59	13,35 km/h
151	542	Schröder Oliver	Keiner	0:45:10	M45	27	0:44:50	- 08:34 08:52 08:57 09:14 09:11	13,38 km/h
152	744	Wrede Janek		0:45:11	MHK	44	0:44:52	- 08:16 08:59 09:14 09:37 08:44	13,37 km/h
153	823	Oelgemöller Jürgen		0:45:16	M45	28	0:45:09	- 08:20 08:56 09:12 09:25 09:13	13,29 km/h
154	498	Rothe Terence		0:45:18	MHK	45	0:44:40	- 08:01 08:26 09:08 09:12 09:51	13,43 km/h
155	174	Grauert Tiemo		0:45:19	M30	26	0:45:09	- 08:05 08:57 09:02 09:40 09:24	13,29 km/h
156	869	Pichler Thorsten		0:45:26	M30	27	0:44:56	- 09:10 08:52 08:52 08:58 09:02	13,35 km/h
157	328	Krömer Jürgen	Lauffreunde Warendorf	0:45:29	M45	29	0:45:15	- 08:51 08:58 08:59 09:19 09:06	13,26 km/h
158	337	Kutschenko Stephan	TSVE 1890 Bielefeld	0:45:31	MHK	46	0:45:01	- 08:59 09:07 09:04 09:05 08:44	13,33 km/h
159	729	Ruhoff Mark		0:45:32	M	0	0:45:17	- 08:42 09:03 09:10 09:27 08:53	13,25 km/h
160	259	Johanningmeier Benjamin		0:45:32	M30	28	0:44:24	- 08:53 08:49 09:04 09:07 08:29	13,51 km/h
161	210	Helle Patrick		0:45:37	M50	8	0:45:30	- 08:35 08:59 09:14 09:28 09:11	13,19 km/h
162	149	Frewer Sebastian		0:45:44	M30	29	0:45:13	- 09:48 08:48 08:57 09:01 08:38	13,27 km/h
163	536	Scholz Christian	FC Bayern München e.V.	0:45:51	MU20	4	0:45:18	- 09:35 09:03 08:56 09:00 08:41	13,25 km/h
164	117	Durynek Wolfgang		0:45:52	M50	9	0:45:34	- 08:42 08:43 09:10 09:22 09:34	13,16 km/h
165	603	Thiemann Marius		0:45:53	MHK	47	0:45:34	- 09:13 09:02 09:05 09:07 09:05	13,16 km/h
166	670	Wierlemann Klaus		0:46:01	M45	30	0:45:42	- 08:49 08:58 09:01 09:26 09:26	13,13 km/h
167	211	Hentschel Adrian	AGRAVIS BSG	0:46:02	M30	30	0:45:11	- 09:02 08:57 09:01 09:12 08:56	13,28 km/h
168	1008	Möhlen Michael	Run Happy team	0:46:04	M50	10	0:45:58	- 08:36 08:51 09:26 09:41 09:22	13,05 km/h
169	882	Löckemann Markus	LG Emsdetten	0:46:13	M40	16	0:45:57	- 08:23 09:06 09:27 09:25 09:34	13,05 km/h
170	626	Urban Marco	RP Essen	0:46:14	MHK	48	0:45:47	- 08:57 09:02 09:11 09:24 09:10	13,10 km/h
171	546	Schürmann Daniel		0:46:27	M35	20	0:46:07	- 08:38 09:00 09:20 09:33 09:34	13,01 km/h

Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
172	350	Lindemann Christian		0:46:32	M40	17	0:45:57	- 09:16 08:53 09:08 09:27 09:12	13,05 km/h
173	47	Becker Michael	BSG LVM Versicherung	0:46:33	M40	18	0:46:05	- 08:57 08:57 09:12 09:30 09:28	13,02 km/h
174	853	Preuhsner Sefan	Bike Team Baumberge	0:46:33	M40	19	0:45:48	- 09:09 08:57 09:03 09:11 09:26	13,10 km/h
175	201	Hegger Alexander	SV Union Meppen	0:46:34	M30	31	0:46:18	- 08:40 08:41 09:19 09:51 09:45	12,96 km/h
176	938	Reiberg Christoph		0:46:37	M	0	0:45:38	- 09:29 09:05 08:58 09:03 09:02	13,14 km/h
177	576	stephan christian		0:46:40	M30	32	0:46:06	- 09:05 08:59 09:26 09:22 09:11	13,01 km/h
178	342	Lauritzen Mads	Malmö Mads	0:46:40	M35	21	0:46:36	- 07:56 08:46 09:15 09:32 11:05	12,87 km/h
179	377	Mann Klaus	Billerbecker Läufer	0:46:43	M50	11	0:46:18	- 08:57 08:49 09:08 09:38 09:44	12,96 km/h
180	144	Flothkötter Fritz		0:46:43	MHK	49	0:46:07	- 08:47 08:59 09:29 09:43 09:07	13,01 km/h
181	605	Thomas Rott		0:46:44	M30	33	0:46:13	- 09:39 08:54 09:15 09:27 08:56	12,98 km/h
182	850	Olejniczak Stefan	Continental	0:46:45	M60	3	0:46:39	- 08:45 09:19 09:24 09:41 09:29	12,86 km/h
183	757	Andriek Manuel		0:46:49	MHK	50	0:46:27	- 08:59 09:06 09:31 09:50 08:59	12,91 km/h
184	724	Seelheium Patrick		0:46:50	MHK	51	0:46:28	- 08:28 08:49 09:23 09:56 09:50	12,91 km/h
185	194	Hahn Donatus	Team Balu	0:46:50	M30	34	0:46:20	- 08:29 09:39 09:41 09:37 08:52	12,95 km/h
186	335	Kuhlmann Volker	Team Erdinger Alkoholfrei	0:46:53	M40	20	0:46:31	- 09:07 09:13 09:22 09:27 09:20	12,89 km/h
187	153	Fröhner Andreas		0:46:54	M30	35	0:46:38	- 08:39 08:49 09:02 09:41 10:25	12,87 km/h
188	856	Eping Andreas		0:47:00	M30	36	0:46:13	- 09:07 09:03 09:15 09:33 09:14	12,98 km/h
189	135	Fels Hubert	Billerbecker Läufer	0:47:01	M50	12	0:46:37	- 08:59 09:03 09:22 09:36 09:35	12,87 km/h
190	914	Bell Oliver	LV Oelde	0:47:04	M40	21	0:46:57	- 08:37 09:11 09:44 09:50 09:33	12,78 km/h
191	206	Heinze Tobias	Run Happy-Team	0:47:10	MHK	52	0:46:24	- 09:18 09:15 09:20 09:37 08:51	12,93 km/h
192	294	Knüppel Olaf		0:47:10	M35	22	0:46:43	- 09:02 09:07 09:28 09:47 09:17	12,84 km/h
193	678	Wolff Markus	SC Altenrheine	0:47:19	M40	22	0:47:01	- 09:03 09:13 09:23 09:38 09:43	12,76 km/h
194	844	Walaszkowski Peter	Team Erdinger Alkoholfrei	0:47:20	M50	13	0:46:55	- 08:57 09:17 09:35 09:36 09:28	12,79 km/h
195	644	von der Horst Rüdiger	Gemeinschaftspraxis Hag	0:47:25	M55	3	0:47:18	- 08:39 09:17 09:55 09:47 09:38	12,68 km/h
196	932	Lueken Aloys	BV Garrel	0:47:30	M40	23	0:47:21	- 09:03 09:24 09:41 09:45 09:26	12,67 km/h
197	458	Piehl Marco		0:47:32	M50	14	0:46:54	- 09:01 09:22 09:31 09:33 09:25	12,79 km/h
198	196	Hahn Stefan		0:47:33	M50	15	0:47:07	- 09:45 09:24 09:28 09:13 09:15	12,73 km/h
199	295	Kobs Michael		0:47:34	M30	37	0:47:19	- 08:58 09:12 09:32 09:52 09:44	12,68 km/h
200	326	Krippendorf Bernd		0:47:36	M35	23	0:47:01	- 09:01 09:11 09:33 09:47 09:27	12,76 km/h
201	861	Jung Oliver		0:47:38	M40	24	0:47:00	- 09:35 09:26 09:34 09:23 09:01	12,76 km/h
202	834	Borghorst Jan		0:47:39	M30	38	0:47:11	- 09:33 09:17 09:28 09:55 09:16	12,72 km/h
203	820	Ullrich Thorsten	LSF Münster	0:47:45	M40	25	0:47:13	- 08:47 09:13 09:44 09:35 09:32	12,70 km/h
204	895	Scherer Erik		0:47:48	M45	31	0:47:40	- 08:15 09:02 09:47 10:12 10:22	12,59 km/h
205	473	Rautenberg Jens	Laufsportteam WN	0:47:54	M35	24	0:47:21	- 09:36 09:19 09:27 09:34 09:24	12,67 km/h
206	284	Klagge Sven	Laufsportteam WN	0:47:54	M35	25	0:47:21	- 09:36 09:18 09:27 09:34 09:24	12,67 km/h
207	461	Pohl Tim Oliver		0:47:55	M35	26	0:47:24	- 09:19 09:26 09:29 09:52 09:17	12,65 km/h
208	680	Wolters Niklas		0:48:01	MHK	53	0:46:53	- 08:58 09:13 09:11 09:44 09:45	12,80 km/h
209	131	Fache Pierre		0:48:06	M30	39	0:47:29	- 08:29 09:09 09:52 10:15 09:42	12,63 km/h
210	918	Biesenbaum Thomas		0:48:06	M45	32	0:47:46	- 09:05 09:05 09:35 09:52 10:07	12,56 km/h
211	219	Heuer Jürgen	LG Emsdetten	0:48:09	M40	26	0:47:53	- 08:34 09:14 09:34 10:16 10:13	12,53 km/h
212	283	Kipp Stefan		0:48:12	M35	27	0:47:30	- 09:38 09:12 09:29 09:43 09:27	12,63 km/h
213	1445	Strumann Kjartan		0:48:12	MU18	2	0:47:58	- 08:14 09:03 09:39 10:39 10:20	12,51 km/h
214	782	Alfert Andre		0:48:12	M35	28	0:47:30	- 09:38 09:12 09:28 09:43 09:28	12,63 km/h
215	228	Hoffmann Sebastian		0:48:13	M30	40	0:47:38	- 09:25 09:30 09:34 09:46 09:21	12,59 km/h
216	845	Scholz Andreas		0:48:14	MHK	54	0:47:55	- 08:35 09:16 09:57 10:08 09:57	12,52 km/h
217	534	Schönherr Rolf		0:48:17	M55	4	0:48:05	- 09:30 09:29 09:34 09:48 09:43	12,47 km/h
218	279	Kern Ulrich		0:48:17	M55	5	0:48:06	- 09:30 09:28 09:34 09:48 09:44	12,47 km/h
219	316	Kramer Sebastian		0:48:20	M35	29	0:48:05	- 08:35 08:47 09:12 10:41 10:48	12,48 km/h
220	911	Scheferhoff Frank	Marathon Soest	0:48:23	M35	30	0:48:09	- 09:02 09:45 09:49 09:58 09:34	12,46 km/h
221	249	Israel Sven		0:48:24	M30	41	0:47:50	- 09:25 09:30 09:34 09:46 09:33	12,54 km/h
222	65	Boyne Johannes	Zweitagebart	0:48:28	MHK	55	0:47:52	- 09:29 09:24 09:33 09:41 09:44	12,53 km/h
223	52	Binkowski Peter	Run Happy-Team	0:48:29	M35	31	0:47:28	- 09:54 09:31 09:06 09:29 09:26	12,64 km/h
224	602	Thielsch Christian	SuS Oberaden	0:48:31	M50	16	0:47:45	- 09:10 09:31 09:39 09:44 09:40	12,56 km/h
224	435	Nierhoff Kai		0:48:31	M35	32	0:48:06	- 08:57 09:20 09:44 10:01 10:01	12,47 km/h
226	891	Hölscher Thorsten		0:48:33	M30	42	0:47:54	- 09:22 09:24 09:47 09:50 09:29	12,52 km/h
227	829	Kaiser Ulrich	LSF Münster	0:48:33	M55	6	0:48:10	- 09:06 09:28 09:34 10:02 09:58	12,45 km/h
228	384	May Detlev	Ahlen	0:48:34	M40	27	0:48:08	- 09:24 09:33 09:43 09:50 09:36	12,46 km/h

Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
229	711	Ritschard Mario	Run Happy team	0:48:41	M40	28	0:48:25	- 09:16 10:04 09:49 09:56 09:18	12,39 km/h
230	59	Blumenstiel Jonas		0:48:43	M30	43	0:48:11	- 09:37 09:25 09:39 09:49 09:40	12,45 km/h
231	29	Austermann Mathias		0:48:46	MHK	56	0:48:25	- 09:04 09:16 09:51 10:11 10:01	12,39 km/h
232	128	Erpenbeck Alex	BSV Ostbevern	0:48:51	M30	44	0:48:26	- 08:49 09:10 09:41 10:20 10:23	12,39 km/h
233	548	Schütze Moritz Jan		0:48:51	M35	33	0:48:18	- 08:57 08:47 09:23 11:24 09:46	12,42 km/h
234	200	Havers Kai-Simon	Kai-Simon Havers	0:48:52	M30	45	0:48:28	- 09:05 09:27 09:42 10:06 10:06	12,38 km/h
235	903	Dahlhaus Winfried		0:48:54	M55	7	0:48:26	- 10:09 09:52 09:41 09:36 09:07	12,39 km/h
236	902	Lübbering Frank	SC Nienburg	0:48:54	M50	17	0:48:26	- 10:09 09:51 09:41 09:35 09:08	12,39 km/h
237	827	Krempel Ulrich		0:48:54	M45	33	0:48:54	- 10:15 09:17 09:36 10:06 09:38	12,27 km/h
238	413	Morbé Frederik	Brooks Run Happy-Team (0:48:59	M30	46	0:48:21	- 09:52 09:36 09:45 09:54 09:14	12,41 km/h
239	222	Hörmeyer Carsten	Bergziegen Altenberge	0:48:59	M40	29	0:48:28	- 08:52 09:13 09:41 10:13 10:28	12,38 km/h
240	447	Paluschek Maik		0:49:03	M40	30	0:48:40	- 09:10 09:29 09:41 10:08 10:11	12,33 km/h
241	234	Honerkamp Stefan	Brooks Run Happy Team	0:49:05	M30	47	0:48:54	- 08:42 09:21 10:09 10:37 10:04	12,27 km/h
242	515	Scherlatzik Dirk	AGRAVIS BSG	0:49:07	M45	34	0:48:16	- 09:49 09:25 09:42 09:54 09:24	12,43 km/h
243	862	Hoffmann Carsten		0:49:07	M40	31	0:48:40	- 09:15 09:50 09:57 10:01 09:34	12,33 km/h
244	660	Westenberg Hauke		0:49:12	M30	48	0:49:02	- 08:41 09:22 10:08 10:52 09:57	12,24 km/h
245	81	Buyts Tim	Marathon Soest	0:49:13	MHK	57	0:48:46	- 09:31 09:36 09:52 09:59 09:46	12,30 km/h
246	728	Bouyer Joscha		0:49:14	MHK	58	0:48:24	- 09:55 09:33 09:37 09:49 09:27	12,39 km/h
247	94	Deinken Reinhard	AGRAVIS BSG	0:49:15	M40	32	0:48:24	- 09:47 09:10 09:34 09:55 09:57	12,39 km/h
248	1006	Jürgens Markus	Run Happy team	0:49:16	MHK	59	0:49:04	- 09:30 09:45 10:07 10:05 09:35	12,23 km/h
249	698	Bölt Michael	Run Happy team	0:49:16	MHK	60	0:49:04	- 09:30 09:44 10:07 10:05 09:35	12,23 km/h
250	553	Schumacher Stefan		0:49:18	MHK	61	0:48:28	- 09:56 09:33 09:48 09:44 09:25	12,38 km/h
251	141	Fischer Christopher		0:49:18	MHK	62	0:48:28	- 09:56 09:33 09:48 09:44 09:25	12,38 km/h
252	722	Gösling Uwe		0:49:20	M35	34	0:48:38	- 09:20 09:24 09:53 10:04 09:56	12,33 km/h
253	227	Hoffmann Sebastian	LSF Münster	0:49:20	M35	35	0:48:47	- 08:54 09:22 09:59 10:29 10:01	12,30 km/h
254	843	Berg Andreas	Team Erdinger Alkoholfrei	0:49:22	M45	35	0:48:56	- 09:23 09:43 09:58 10:11 09:40	12,26 km/h
255	904	Tamaski Steffen	RV Viktoria Wombach	0:49:28	M45	36	0:49:20	- 08:51 09:45 10:10 10:28 10:03	12,16 km/h
256	769	Erber Dietmar		0:49:28	M45	37	0:48:50	- 09:27 09:48 09:59 09:59 09:35	12,29 km/h
257	356	Ludorf Vincent		0:49:34	MHK	63	0:49:14	- 08:28 09:39 10:07 10:27 10:31	12,18 km/h
258	669	Wiening Axel	LG Emsdetten	0:49:36	M45	38	0:49:12	- 09:35 09:38 09:48 10:07 10:03	12,19 km/h
259	767	Schulte Frank		0:49:39	M40	33	0:49:32	- 08:18 09:47 10:17 10:33 10:36	12,11 km/h
260	341	Laufenberg Lauritz	Brooks Run Happy-Team (0:49:41	MHK	64	0:49:33	- 08:18 09:40 10:24 10:37 10:33	12,11 km/h
261	233	Hornberg Marco	marco@adrenalinapura.de	0:49:42	M35	36	0:49:02	- 09:12 09:40 10:04 10:10 09:53	12,24 km/h
262	345	Lemkau Gerrit		0:49:46	M40	34	0:49:16	- 09:34 09:35 09:56 10:16 09:54	12,18 km/h
263	320	Krautwig Kai	#Wersepins	0:49:47	MHK	65	0:49:18	- 10:14 09:57 09:54 09:53 09:19	12,17 km/h
264	163	Gawlitza Jan		0:49:48	MHK	66	0:48:39	- 08:58 09:28 09:59 10:15 09:58	12,33 km/h
265	243	Hunger Karsten		0:49:51	MHK	67	0:49:27	- 09:26 09:52 10:04 10:16 09:48	12,13 km/h
266	319	Krautwald Marcel		0:49:56	MHK	68	0:49:18	- 09:32 09:42 10:07 10:22 09:32	12,17 km/h
267	727	Schlingemann Rudi		0:49:57	M50	18	0:49:51	- 09:10 09:42 09:57 10:27 10:33	12,03 km/h
268	628	Vaters Stefan	Westfälische Nachrichten	0:49:58	MHK	69	0:49:41	- 09:08 09:41 10:09 10:30 10:11	12,07 km/h
269	449	Panzer Udo		0:49:59	M45	39	0:49:29	- 09:42 09:43 09:52 10:02 10:08	12,12 km/h
270	58	Blomberg Marcel		0:50:00	MHK	70	0:49:21	- 09:32 09:42 10:07 10:22 09:37	12,16 km/h
271	379	Marc Röttgermann		0:50:04	MHK	71	0:49:30	- 09:16 09:31 10:08 10:15 10:18	12,12 km/h
272	826	Blaschke Kai		0:50:07	M30	49	0:49:56	- 08:58 09:43 10:28 10:22 10:23	12,01 km/h
273	922	Freye Andreas	HSP Münster	0:50:11	M30	50	0:49:32	- 09:15 09:26 09:51 10:26 10:32	12,11 km/h
274	506	Saueressig Jann		0:50:12	M40	35	0:49:32	- 09:57 09:37 09:54 10:00 10:03	12,11 km/h
275	714	Wehlisch Antonio	Run Happy team	0:50:18	M30	51	0:50:06	- 09:15 09:52 10:05 10:18 10:34	11,98 km/h
276	0	unbekannt DM190VP		0:50:20	MHK	72	0:50:20	- 09:53 09:24 10:19 10:30 10:12	11,92 km/h
277	855	Liyi Pascal		0:50:22	MHK	73	0:49:34	- 09:06 09:24 10:19 10:30 10:14	12,10 km/h
278	1014	Weistropp Linus		0:50:24	M30	52	0:49:36	- 09:49 09:47 10:07 10:17 09:35	12,09 km/h
279	400	Michael Stürmer		0:50:25	M30	53	0:49:57	- 09:52 10:05 10:06 10:01 09:51	12,01 km/h
280	114	Düppeier Armin	LG Ems Warendorf	0:50:26	M50	19	0:50:01	- 09:52 10:00 10:03 10:20 09:44	12,00 km/h
281	231	Homann Georg		0:50:31	M45	40	0:49:50	- 10:05 09:44 09:49 10:07 10:03	12,04 km/h
282	130	Esskandari Timur		0:50:31	MU20	5	0:50:27	- 08:27 10:20 10:22 10:47 10:30	11,89 km/h
283	353	Loddenkötter Stefan	H. Gautzsch	0:50:32	M45	41	0:49:49	- 09:41 09:38 09:53 10:16 10:19	12,04 km/h
284	423	Mylis Marcel		0:50:37	MHK	74	0:49:44	- 09:09 09:20 09:58 10:45 10:29	12,06 km/h
285	735	Fritz Ulrich	HTC Blau-Gold Hagen	0:50:47	M55	8	0:50:34	- 09:30 09:56 10:08 10:29 10:29	11,86 km/h

6. Juli 2014
10 km



Männer

Seite 6

gedruckt 07.07.2014 19:03:53

Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
286	368	Mack Nico	Run Happy-Team	0:50:48	MHK	75	0:50:00	- 10:13 10:01 10:01 10:08 09:35	12,00 km/h
286	774	Kramer Sven		0:50:48	M30	54	0:49:53	- 09:53 09:47 09:50 10:14 10:07	12,03 km/h
288	79	Bussieck Thorsten	TuS Sythen	0:50:49	M45	42	0:50:37	- 09:21 09:46 10:10 10:39 10:39	11,85 km/h
289	1003	Dahl Alf	Run Happy team	0:50:50	M40	36	0:50:37	- 09:15 09:59 10:21 10:34 10:27	11,85 km/h
289	917	Tarabek Tobias		0:50:50	M35	37	0:50:33	- 09:38 09:41 10:11 10:33 10:28	11,87 km/h
291	591	Tanz Martin	LSF Münster	0:50:50	MHK	76	0:50:08	- 10:20 10:08 10:05 10:00 09:33	11,97 km/h
292	420	Mues Bernd	Marathon Soest	0:50:54	M45	43	0:50:27	- 09:46 10:04 10:09 10:18 10:08	11,89 km/h
293	755	Bergmann Philipp		0:50:54	M30	55	0:50:28	- 09:28 09:59 10:21 10:28 10:09	11,89 km/h
294	471	Ranneberg Stefan	LSF Münster	0:50:55	M45	44	0:50:21	- 10:20 10:07 10:03 10:02 09:47	11,91 km/h
295	436	Niermann Sebastian	H. Gautzsch	0:51:04	MU20	6	0:50:26	- 10:12 10:06 10:06 10:00 10:00	11,89 km/h
296	332	Küstermann Thomas		0:51:06	M35	38	0:50:20	- 09:52 09:57 10:06 10:17 10:06	11,92 km/h
297	691	zur Nieden Frank	Brooks Run Happy Team	0:51:08	M45	45	0:50:42	- 09:38 09:49 10:17 10:46 10:11	11,83 km/h
298	75	Büring Jan		0:51:09	M30	56	0:50:40	- 10:00 10:03 10:10 10:17 10:07	11,84 km/h
299	457	Piegza Sebastian	LSF Münster	0:51:13	M35	39	0:50:20	- 09:48 09:49 10:09 10:21 10:10	11,92 km/h
300	877	Grefen Michael	FC Schüttorf 09	0:51:15	M45	46	0:51:05	- 08:28 09:22 10:48 11:17 11:09	11,74 km/h
301	467	Purtzel Daniel		0:51:16	M35	40	0:50:45	- 09:47 10:03 10:09 10:15 10:28	11,82 km/h
302	630	Veber Marcel		0:51:17	M35	41	0:51:00	- 09:18 10:00 10:19 10:51 10:30	11,76 km/h
303	709	Pechura André	Brooks Run Happy team	0:51:17	M30	57	0:51:00	- 09:08 09:57 10:17 10:59 10:38	11,76 km/h
304	40	Bartek Heinrich	1 (GE/NL) Corps	0:51:17	M40	37	0:51:08	- 09:01 10:19 10:37 10:39 10:31	11,73 km/h
305	751	Gößling Fabian		0:51:26	MHK	77	0:51:08	- 09:22 10:08 10:41 10:41 10:14	11,73 km/h
306	857	Sandmann Manfred	Running Soccer Storre Dü	0:51:29	M55	9	0:51:09	- 09:58 10:14 10:14 10:23 10:17	11,73 km/h
307	568	Spiekermann Stefan	Sykron Münster	0:51:31	M30	58	0:50:55	- 09:31 09:35 09:56 11:03 10:49	11,78 km/h
308	16	Altmann Gerhard	FSM	0:51:36	M45	47	0:51:26	- 08:32 09:27 10:24 11:31 11:31	11,66 km/h
309	343	Lehr Thomas	Marathon Steinfurt	0:51:42	M50	20	0:50:34	- 09:59 10:07 10:10 10:16 10:00	11,86 km/h
310	613	Tobias Schulze Wermeling		0:51:44	MHK	78	0:51:12	- 10:07 10:18 10:19 10:27 09:58	11,72 km/h
311	718	Zeugner Kolja		0:51:46	MHK	79	0:51:24	- 09:06 09:40 10:27 11:16 10:52	11,67 km/h
312	547	Schüttler Oliver		0:51:47	MU16	6	0:51:17	- 10:53 10:11 10:27 10:40 09:05	11,70 km/h
313	180	Gronover Stefan	AGRAVIS BSG	0:51:48	M45	48	0:50:56	- 09:54 10:01 10:16 10:27 10:15	11,78 km/h
314	846	Scholz Matthias	MSV	0:51:49	MHK	80	0:51:30	- 09:40 09:51 10:22 10:45 10:50	11,65 km/h
315	22	Artmann Hendrik		0:51:49	MHK	81	0:51:39	- 09:44 10:21 10:42 10:30 10:20	11,62 km/h
316	72	Brüggemann Andreas	H. Gautzsch	0:51:51	M45	49	0:51:25	- 09:58 10:04 10:22 10:28 10:31	11,67 km/h
317	898	Swierczek Jörg		0:51:57	M	0	0:51:39	- 09:16 09:56 10:40 10:52 10:53	11,61 km/h
318	886	Vajnberger Manfred	SuS Oberaden	0:51:59	M45	50	0:51:54	- 10:14 10:12 10:27 10:33 10:27	11,56 km/h
319	929	Nienhaus Paul	SC Altenrheine	0:52:05	M45	51	0:51:47	- 09:08 09:45 10:30 11:07 11:14	11,59 km/h
320	638	Volke Justus		0:52:06	MHK	82	0:51:46	- 08:46 09:41 10:29 11:15 11:33	11,59 km/h
321	347	Lex Christian	MS-Angelmodde Friends	0:52:09	M35	42	0:51:21	- 10:22 10:04 10:17 10:29 10:08	11,68 km/h
322	418	mümken udo		0:52:13	M35	43	0:51:19	- 10:52 10:30 10:03 10:02 09:50	11,69 km/h
323	192	Häger Simon		0:52:17	MHK	83	0:51:13	- 10:05 09:51 10:18 10:41 10:15	11,71 km/h
323	61	Böhm Dennis	DJK GW Arnsberg	0:52:17	MHK	83	0:51:13	- 10:06 09:54 10:20 10:36 10:14	11,71 km/h
325	282	Kinast Jochen	Inuit Affairs	0:52:17	MHK	85	0:51:14	- 10:07 09:51 10:20 10:39 10:15	11,71 km/h
326	723	Bach Friedrich		0:52:20	MHK	86	0:51:52	- 09:42 10:06 10:46 10:58 10:19	11,57 km/h
327	188	Haack Thorsten	TuS 1910 Niedereimer	0:52:20	M45	52	0:52:02	- 09:50 10:15 10:31 10:45 10:39	11,53 km/h
328	225	Hoffknecht Martin		0:52:23	M35	44	0:52:09	- 10:01 10:18 10:42 10:35 10:31	11,50 km/h
329	581	Strelow Eckhard	Cinema Münster	0:52:25	M40	38	0:51:34	- 09:44 10:09 10:27 10:37 10:34	11,64 km/h
330	394	Mertens Josef		0:52:28	M45	53	0:52:18	- 09:50 10:28 10:39 10:42 10:37	11,47 km/h
331	321	Kredtke Markus	Rock, Ride, Run!	0:52:32	M35	45	0:52:26	- 09:28 10:23 10:45 11:05 10:43	11,44 km/h
332	325	Kretzschmar Andreas		0:52:40	M55	10	0:52:11	- 10:03 10:08 10:27 10:47 10:45	11,50 km/h
333	391	Mende Jonathan		0:52:42	MHK	87	0:52:20	- 09:33 10:30 10:58 11:06 10:12	11,46 km/h
334	526	Schmidt Daniel		0:52:44	MHK	88	0:52:02	- 10:24 10:40 10:33 10:26 09:57	11,53 km/h
335	270	Kappenberg Lars	RTT	0:52:47	M40	39	0:52:27	- 10:07 10:36 10:44 10:38 10:19	11,44 km/h
336	761	Höing Udo	Gescher	0:52:49	M40	40	0:52:31	- 09:04 10:25 10:55 11:12 10:53	11,42 km/h
337	890	Jaster Berthold	Giremdorfer Laufkunds	0:52:58	M50	21	0:51:58	- 09:35 09:40 10:06 11:21 11:14	11,54 km/h
338	530	Schnier René		0:52:59	MHK	89	0:52:26	- 09:13 10:05 10:39 11:25 11:02	11,44 km/h
339	18	Altmeier Tim		0:53:00	M30	59	0:52:46	- 08:25 08:34 14:10 10:48 10:47	11,37 km/h
340	916	Röttgerding Martin	HSP Münster Laufteam	0:53:03	M30	60	0:52:34	- 09:59 10:06 10:40 11:13 10:34	11,41 km/h
341	492	Röling Nicolas		0:53:12	M30	61	0:52:43	- 10:54 10:11 10:27 10:40 10:29	11,38 km/h
342	237	Hoppe Christoph	Marathon Soest	0:53:13	M45	54	0:52:44	- 10:05 10:26 10:43 10:45 10:43	11,38 km/h

Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
343	673	Wilken Marian		0:53:16	MHK	90	0:52:39	- 10:04 09:55 12:48 10:06 09:44	11,39 km/h
344	399	Michael Piest		0:53:18	M30	62	0:52:53	- 10:06 10:19 10:38 11:11 10:38	11,34 km/h
345	265	Just Thomas	TV Borken	0:53:19	M45	55	0:52:22	- 09:41 10:14 10:46 11:03 10:36	11,45 km/h
346	386	Mazanowski Fabian		0:53:22	MHK	91	0:53:08	- 09:44 10:21 10:58 11:14 10:50	11,29 km/h
347	522	Schlusen Fabian	Sebastian Schlusen	0:53:25	MHK	92	0:52:44	- 09:12 09:48 10:53 12:07 10:41	11,38 km/h
348	127	Epping Martin	1 FC Gievenbeck Münster	0:53:28	M45	56	0:52:51	- 09:59 10:18 10:35 10:55 11:02	11,35 km/h
349	683	Zalar Raphael	TG Herford	0:53:31	M35	46	0:52:30	- 10:10 10:14 10:23 11:00 10:40	11,43 km/h
350	480	Reimann Joachim	Joachim Reimann	0:53:31	M55	11	0:52:47	- 10:21 10:19 10:33 10:40 10:52	11,36 km/h
351	100	Dierkes Holger		0:53:33	M40	41	0:53:17	- 09:56 10:24 10:41 11:08 11:06	11,26 km/h
352	57	Blick-Veber Matthias		0:53:33	M45	57	0:53:17	- 09:49 10:18 10:50 11:07 11:11	11,26 km/h
353	741	Bäumer Thomas		0:53:38	M	0	0:52:57	- 10:32 10:42 10:35 10:37 10:30	11,33 km/h
354	118	Effelsberg Dave		0:53:44	M40	42	0:53:36	- 09:30 10:28 11:00 11:30 11:07	11,19 km/h
355	612	Tobias Engl	Tobias Engl	0:53:50	M30	63	0:53:40	- 09:08 10:58 11:12 11:22 10:59	11,18 km/h
356	76	Buhr Sascha	SG Bad Bentheim	0:53:52	M30	64	0:53:30	- 09:28 09:59 11:24 11:44 10:53	11,21 km/h
357	518	Schilling Gregor	Bergziegen Altenberge	0:53:52	M45	58	0:53:21	- 10:37 10:23 10:44 10:43 10:51	11,25 km/h
358	445	Otte Hans-Dieter		0:53:54	M55	12	0:53:21	- 10:13 10:40 10:50 10:58 10:39	11,25 km/h
359	195	Hahn Günter	LSF Münster	0:53:57	M55	13	0:53:20	- 10:35 10:39 10:40 10:47 10:37	11,25 km/h
360	426	Natrup Herbert	H. Gautzsch	0:53:58	M45	59	0:53:14	- 10:20 10:39 10:46 10:59 10:28	11,27 km/h
361	749	Gregg Maximilian		0:53:59	MHK	93	0:53:05	- 10:47 10:38 10:47 10:47 10:04	11,30 km/h
362	738	Erdrügge André		0:54:00	M	0	0:53:36	- 10:52 10:44 10:45 10:45 10:28	11,19 km/h
363	1004	Gloystein Martin	Run Happy team	0:54:00	M30	65	0:53:44	- 10:23 10:37 10:53 11:08 10:40	11,17 km/h
364	208	Heitmann Martin	Tauchsportclub Münster	0:54:01	M45	60	0:53:34	- 10:34 10:34 10:40 10:52 10:51	11,20 km/h
365	745	Beckmann Ralf		0:54:02	M	0	0:53:51	- 09:01 09:58 10:35 11:38 12:36	11,14 km/h
366	527	Schmidt Thorsten		0:54:04	M35	47	0:53:01	- 10:16 10:43 10:33 11:00 10:28	11,31 km/h
367	120	Eickhoff Dietmar	TuS 1910 Niedereimer	0:54:08	M45	61	0:53:49	- 09:47 10:11 10:57 11:38 11:15	11,15 km/h
368	214	Herkenhoff Marcus	SC Falke Saerbeck	0:54:15	M40	43	0:53:52	- 10:03 10:34 10:56 11:13 11:03	11,14 km/h
369	73	Buchholz Rüdiger	AGRAVIS BSG	0:54:19	M50	22	0:53:45	- 10:16 10:34 10:51 10:58 11:05	11,16 km/h
370	412	Monse Andreas	H. Gautzsch	0:54:20	M50	23	0:53:36	- 10:10 10:33 10:44 11:06 11:00	11,19 km/h
371	595	Tenhaken Wolfgang	FH Münster, Sozial(e)wes	0:54:28	M50	24	0:53:34	- 10:26 10:15 10:52 10:55 11:05	11,20 km/h
372	209	Held Simon	TCM Tauchsportclub Mün	0:54:30	M35	48	0:54:05	- 09:46 10:27 11:08 11:23 11:19	11,09 km/h
373	88	Dau Constantin	DAUerläufer	0:54:31	MU16	7	0:53:29	- 10:12 11:12 10:27 10:52 10:44	11,22 km/h
374	704	Gronemann Dirk		0:54:31	M30	66	0:53:26	- 09:28 09:35 10:40 11:33 12:08	11,23 km/h
375	588	Täger Jan		0:54:34	MHK	94	0:53:45	- 11:24 11:16 10:22 10:54 09:47	11,16 km/h
376	721	Mogul Tugsal		0:54:47	M45	62	0:54:07	- 10:27 10:44 10:54 11:07 10:54	11,08 km/h
377	217	Hesper Bernhard	Billerbecker Läufer	0:54:53	M55	14	0:54:00	- 10:45 10:30 10:45 10:52 11:06	11,11 km/h
378	470	Radzanowski Werner		0:54:53	M65	1	0:54:08	- 10:35 10:32 10:58 11:06 10:54	11,08 km/h
379	406	Möcklinghoff Heiko	LSF Münster	0:54:54	M45	63	0:54:06	- 10:36 10:43 10:53 10:57 10:55	11,09 km/h
380	251	Jägers Fabian		0:54:56	MHK	95	0:54:36	- 09:45 10:36 11:03 11:59 11:10	10,99 km/h
381	296	Koch Bastian		0:54:56	M30	67	0:54:42	- 10:01 10:33 11:05 11:34 11:28	10,97 km/h
382	446	Otte Tim		0:54:59	M30	68	0:54:42	- 09:14 10:20 11:08 12:48 11:10	10,97 km/h
383	34	Badendieck Lars		0:55:09	MHK	96	0:54:28	- 10:23 10:43 10:52 11:12 11:15	11,02 km/h
384	742	Bäumer Joana		0:55:10	M	0	0:54:28	- 10:36 10:45 10:52 11:13 11:00	11,01 km/h
385	852	Wesche Heiner		0:55:10	M50	25	0:54:21	- 10:35 10:38 10:57 11:02 11:07	11,04 km/h
386	842	Waffner Volker	DJK Adler Frintrop	0:55:15	M45	64	0:54:49	- 10:47 10:42 10:52 11:16 11:11	10,94 km/h
387	235	Honermeyer Günter	Münster	0:55:16	M65	2	0:54:30	- 10:41 10:47 11:10 11:04 10:45	11,01 km/h
388	414	Mucksch Norbert	Hochschulsport Münster-A	0:55:21	M50	26	0:54:47	- 10:21 10:36 11:02 11:26 11:21	10,95 km/h
389	99	Diekmann Thomas	TG Herford 1860	0:55:24	M35	49	0:54:23	- 10:03 10:21 11:03 11:43 11:11	11,03 km/h
390	360	Lücking Benjamin		0:55:34	MHK	97	0:54:37	- 10:25 10:37 10:59 11:23 11:12	10,98 km/h
391	848	Langebröcker Jörg	LG Emsdetten	0:55:39	M50	27	0:55:17	- 09:39 10:16 12:00 11:53 11:27	10,85 km/h
392	250	Jablonski Matthias		0:55:42	M45	65	0:55:16	- 10:15 10:49 11:15 11:33 11:21	10,85 km/h
393	273	Kayser Thomas		0:55:43	M45	66	0:54:59	- 10:01 10:24 10:55 11:32 12:04	10,91 km/h
394	705	Heying Marc	Run Happy team	0:55:44	M30	69	0:55:29	- 10:28 10:43 11:12 11:56 11:09	10,81 km/h
395	230	Hollstegge Thomas	Zweitagebart	0:55:48	MHK	98	0:55:12	- 10:43 10:52 10:54 11:27 11:14	10,87 km/h
396	50	biermann Christian	los lentos	0:55:52	M35	50	0:55:16	- 11:04 10:46 11:03 11:36 10:44	10,85 km/h
397	205	Heimann Uwe	Marathon Soest	0:55:53	M45	67	0:55:25	- 10:06 10:40 11:22 11:49 11:27	10,82 km/h
398	415	Mühlenkamp Bernd	Bergziegen Altenberge	0:55:55	M40	44	0:55:26	- 10:13 10:42 11:12 11:43 11:35	10,82 km/h
399	317	Kraus Clemens	BSM Faustball	0:55:55	M45	68	0:55:17	- 10:29 10:46 11:07 11:33 11:20	10,85 km/h

Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
400	314	Kozjan Noah	revival24.net	0:55:59	MU16	8	0:55:05	- 11:55 11:30 11:16 10:40 09:41	10,89 km/h
401	674	Willimzig Andre	SSV Reichswalde	0:56:00	MHK	99	0:55:08	- 10:27 10:24 11:02 11:32 11:40	10,88 km/h
402	667	Wiemann Martin		0:56:10	M45	69	0:55:26	- 11:39 11:29 10:31 10:38 11:07	10,82 km/h
403	539	Schrewe Franz bernhard	Theater-mitallensinnen	0:56:12	M55	15	0:55:51	- 09:42 10:42 11:23 11:51 12:11	10,74 km/h
404	223	Hörnemann Martin		0:56:12	M45	70	0:55:35	- 10:44 10:49 11:02 11:24 11:34	10,79 km/h
405	715	Koch Jochen		0:56:14	M55	16	0:55:35	- 10:46 11:00 11:07 11:25 11:15	10,79 km/h
406	561	Seliger Volkmar	smartOPTIMO	0:56:15	M35	51	0:55:57	- 10:42 10:56 11:16 11:49 11:12	10,72 km/h
407	770	Zerfowski Olaf		0:56:17	M45	71	0:55:11	- 10:58 11:02 11:05 10:58 11:07	10,87 km/h
408	305	Koopmann Jan	Jan Koopmann	0:56:18	M35	52	0:55:27	- 11:04 10:58 11:16 11:29 10:38	10,82 km/h
409	479	Reichelt Andreas	1 (GE/NL) Corps	0:56:18	M55	17	0:55:53	- 10:32 11:02 11:30 11:30 11:17	10,73 km/h
410	758	Christdann Sven	TSV Handorf	0:56:19	M40	45	0:55:19	- 10:32 10:52 11:14 11:26 11:12	10,84 km/h
411	514	Schemmer Jürgen		0:56:20	M45	72	0:55:38	- 10:28 10:58 11:22 11:44 11:04	10,78 km/h
412	841	Flehsig Philip	Lauffreunde Bönen	0:56:27	MHK	100	0:56:14	- 09:58 10:40 11:35 12:21 11:38	10,67 km/h
413	263	Jugel Christian	SG Sendenhorst	0:56:33	MHK	101	0:55:36	- 09:46 10:14 11:13 12:03 12:19	10,79 km/h
414	854	Wcker Guido		0:56:40	M45	73	0:56:14	- 10:03 10:46 12:03 11:45 11:35	10,67 km/h
415	740	Hauer Henning		0:56:44	MHK	102	0:55:59	- 10:49 11:18 11:20 11:22 11:08	10,72 km/h
416	160	Ganz Justus		0:56:45	MHK	103	0:56:07	- 11:57 11:51 11:24 11:05 09:46	10,69 km/h
417	739	Zdrojewski Horst	TuS Hiltrup	0:56:51	M65	3	0:55:52	- 11:14 10:51 11:07 11:22 11:15	10,74 km/h
418	98	Diekmann Marius		0:56:53	M35	53	0:55:48	- 10:40 10:31 10:44 11:24 12:26	10,75 km/h
419	378	Manske Florian		0:56:53	MHK	104	0:56:20	- 10:24 11:03 11:20 11:41 11:51	10,65 km/h
420	375	Manke Hans-Peter	Laufsportteam WN	0:56:56	M65	4	0:56:18	- 11:17 11:08 11:10 11:20 11:21	10,65 km/h
421	433	Niemeyer Bernd		0:56:58	M30	70	0:56:04	- 09:49 10:27 11:20 12:03 12:22	10,70 km/h
421	839	Dickner Frank		0:56:58	M45	74	0:55:51	- 09:59 10:26 11:36 12:04 11:44	10,74 km/h
423	161	Garcia Cenjor Carlos	Los lentos - Die langsame	0:57:05	MHK	105	0:56:29	- 11:33 10:45 11:10 11:40 11:18	10,62 km/h
424	928	Holthenrich Rainer	Tus Ascheberg	0:57:17	M40	46	0:56:43	- 11:15 10:53 10:57 11:43 11:53	10,58 km/h
425	285	Klapsing Thomas	Marathon Soest	0:57:19	M55	18	0:56:45	- 11:00 10:57 12:00 11:18 11:28	10,57 km/h
426	905	Böker Markus	Nottuln	0:57:22	M35	54	0:57:08	- 09:46 10:59 11:43 12:25 12:13	10,50 km/h
427	261	Jürgens Andreas		0:57:28	M45	75	0:56:59	- 11:07 11:15 11:16 11:42 11:37	10,53 km/h
428	121	Eling Daniel	smartOPTIMO	0:57:34	MHK	106	0:57:16	- 10:43 11:28 11:46 12:07 11:10	10,48 km/h
429	374	Mangelmans Christoph		0:57:41	M30	71	0:57:09	- 09:44 09:51 10:49 13:28 13:15	10,50 km/h
430	220	Heyder Myx	x4tel running gag	0:57:41	MHK	107	0:57:09	- 09:44 09:51 10:49 13:28 13:15	10,50 km/h
431	719	Oekenpöhler Marius		0:57:44	MHK	108	0:57:22	- 09:19 09:59 11:34 12:38 13:50	10,46 km/h
432	438	Noack Oliver	Zweitagebart	0:57:51	M30	72	0:57:15	- 10:40 10:57 11:17 11:57 12:23	10,48 km/h
433	835	Stählker Thomas	*Münster	0:57:58	M40	47	0:57:05	- 10:28 10:53 11:14 12:11 12:17	10,51 km/h
434	264	Julius Flötotto		0:57:59	MU20	7	0:57:14	- 10:50 11:07 11:29 12:10 11:36	10,48 km/h
435	759	Schmidt Burkhardt	SF Oesede	0:58:07	M40	48	0:57:44	- 10:40 11:25 11:52 12:03 11:42	10,39 km/h
436	940	Busmann Daniel	GS Hohenholte	0:58:23	M35	55	0:57:22	- 10:02 09:40 11:01 13:16 13:21	10,46 km/h
437	866	Hölker Oliver		0:58:41	M45	76	0:57:48	- 11:04 10:49 11:20 12:13 12:20	10,38 km/h
438	732	Bandau Thomas		0:58:44	M	0	0:57:44	- 10:05 10:27 12:11 11:57 13:02	10,39 km/h
439	874	Von Treuenfeld Klaus-Dieter	TuS Altenberge	0:58:45	M65	5	0:57:50	- 11:37 11:35 11:37 11:42 11:17	10,37 km/h
440	478	Rehmann David	Realschule im Kreuzviertel	0:58:51	M45	77	0:57:47	- 13:12 11:48 10:51 10:56 10:57	10,38 km/h
441	507	Scamandro Manuel	LSF Münster	0:58:51	M30	73	0:58:30	- 11:17 11:32 11:59 12:27 11:13	10,26 km/h
442	637	Vlasceanu Dragos	Laufsportteam WN	0:58:51	M30	74	0:58:15	- 11:26 11:29 11:40 11:53 11:44	10,30 km/h
443	289	Klocke Mathias	Laufsportteam WN	0:58:51	M35	56	0:58:14	- 11:26 11:28 11:41 11:53 11:45	10,30 km/h
444	302	Kompa Markus		0:58:54	M40	49	0:57:57	- 11:34 11:40 11:39 11:47 11:15	10,35 km/h
445	752	Reisberg Rolf Ivar		0:59:00	MHK	109	0:58:50	- 09:36 18:09 16:30 00:00 00:00	10,20 km/h
446	66	Brämer Jürgen		0:59:01	M60	4	0:58:05	- 11:46 11:56 12:17 12:47 09:17	10,33 km/h
447	885	Niehoff Christian	*Münster	0:59:02	M45	78	0:58:38	- 10:00 10:58 11:48 12:45 13:05	10,23 km/h
448	899	Langwasser Tobias	BSV Roxal	0:59:07	M35	57	0:58:08	- 11:13 11:11 11:18 11:56 12:28	10,32 km/h
449	489	Riverein Andre	Brooks Run Happy Team	0:59:10	MHK	110	0:59:00	- 09:22 11:06 12:57 13:51 11:42	10,17 km/h
450	840	Rzitki Günter		0:59:14	M50	28	0:58:28	- 10:54 11:26 11:43 12:07 12:16	10,26 km/h
451	171	Goede Paul		0:59:15	MHK	111	0:58:25	- 12:01 11:57 11:50 11:40 10:55	10,27 km/h
452	892	Haubner Fabian	Bloofusion	0:59:19	M35	58	0:58:49	- 11:41 11:33 11:52 12:27 11:14	10,20 km/h
453	359	Lückermann Kevin		0:59:22	MHK	112	0:58:36	- 10:13 10:41 13:35 12:06 11:58	10,24 km/h
454	122	Emmerich Norbert	H. Gautzsch	0:59:25	M60	5	0:58:43	- 11:34 11:31 11:37 11:40 12:18	10,22 km/h
455	558	Seibert Olaf	SC-Olpe Triathlon	0:59:31	M60	6	0:58:45	- 11:35 11:27 11:45 11:53 12:03	10,21 km/h
456	565	Janos Sebestyen	smartOPTIMO	0:59:32	MHK	113	0:58:45	- 11:23 11:51 12:03 12:10 11:17	10,21 km/h

Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
457	579	Stodieck Thorsten		0:59:42	M45	79	0:58:47	- 10:58 11:30 12:03 12:21 11:53	10,21 km/h
458	437	Nieße Sven	LG Atemlos	0:59:46	M30	75	0:59:21	- 10:58 11:53 12:21 12:43 11:24	10,11 km/h
459	881	Klümper Hans	Fortunsa Walstedde	1:00:05	M60	7	0:59:52	- 10:45 11:45 12:03 12:29 12:48	10,02 km/h
460	521	Schlüter Ulrich	Sv Teuto Riesbeck	1:00:25	M60	8	0:59:25	- 11:30 11:25 13:01 11:50 11:38	10,10 km/h
461	697	Bellington Chris	Brooks Run Happy team	1:00:34	M35	59	1:00:11	- 10:08 11:48 12:37 13:01 12:36	9,97 km/h
462	1005	Heflik Alexander	*Münster	1:00:44	M50	29	0:59:56	- 11:22 11:40 12:16 12:36 12:00	10,01 km/h
463	1007	Klein Michael		1:00:45	M50	30	0:59:58	- 11:22 11:38 12:18 12:36 12:02	10,01 km/h
464	765	Böwig Manuel		1:00:49	M30	76	1:00:00	- 11:33 12:03 12:30 12:09 11:44	10,00 km/h
465	462	Pohlmann Josef	DJK Dyckburg Münster	1:00:58	M60	9	1:00:07	- 11:39 11:37 11:53 12:23 12:33	9,98 km/h
466	864	Böhm Marc		1:01:02	M40	50	1:00:20	- 11:47 11:57 12:10 12:16 12:07	9,94 km/h
467	11	Ahlers Michael	BSG Westfalen AG	1:01:13	M50	31	1:00:29	- 11:10 11:58 12:06 12:32 12:41	9,92 km/h
468	60	Böhler Martin	BSG Selectric	1:01:22	M45	80	1:00:40	- 11:14 11:28 12:21 12:45 12:49	9,89 km/h
469	490	Robbers Matthias		1:01:28	MHK	114	1:00:43	- 11:20 11:38 11:55 12:33 13:15	9,88 km/h
470	921	Noczynski Wolfgang	Bergziegen Altenberge	1:01:37	M50	32	1:01:05	- 10:49 12:03 12:39 13:13 12:19	9,82 km/h
471	627	van Schelve Thorsten	Brooks Run Happy Team	1:01:41	M45	81	1:00:41	- 11:01 11:33 12:32 13:25 12:08	9,89 km/h
472	281	Kieslich Dustin		1:01:51	MHK	115	1:00:59	- 11:37 12:00 12:30 12:44 12:06	9,84 km/h
472	9	Adler Paul		1:01:51	MHK	115	1:00:59	- 11:36 12:01 12:30 12:44 12:05	9,84 km/h
474	288	Kleindiek Hans-Werner	H. Gautzsch	1:01:53	MHK	117	1:01:05	- 12:14 12:02 12:07 12:22 12:18	9,82 km/h
475	369	Madeja Michael		1:02:16	M45	82	1:01:27	- 11:19 11:53 12:27 13:02 12:44	9,76 km/h
476	431	Neumann Sören	Stein Gymnasium	1:02:18	MU18	3	1:01:20	- 11:49 11:59 13:13 11:59 12:17	9,78 km/h
477	481	Rommel Markus		1:02:18	M45	83	1:01:20	- 11:49 12:00 13:14 11:59 12:17	9,78 km/h
478	944	Niehues Marc	Radiergummiliga.de	1:02:25	M30	77	1:01:34	- 11:01 11:57 12:05 13:08 13:21	9,74 km/h
479	134	Feldmeier André		1:02:43	M40	51	1:01:47	- 11:39 11:43 12:33 12:51 12:58	9,71 km/h
480	241	Hülemeier Philipp		1:02:51	MHK	118	1:02:02	- 12:34 12:35 12:20 12:30 12:02	9,67 km/h
481	772	Nikutta Holger		1:02:52	MHK	119	1:02:07	- 12:38 12:35 12:19 12:31 12:03	9,66 km/h
482	572	Stanke Claus	Pflegebüro Bahrenberg	1:02:57	M45	84	1:01:52	- 12:15 12:27 12:19 12:31 12:19	9,70 km/h
483	366	Maasen Peter	1 (GE/NL) Corps	1:03:05	M50	33	1:02:35	- 11:14 11:43 12:38 13:25 13:34	9,59 km/h
484	477	Reetz Sascha		1:03:07	M35	60	1:02:49	- 09:28 12:38 14:02 13:53 12:46	9,55 km/h
485	474	Rawers Yannek	Realschule im Kreuzviertel	1:03:24	MU18	4	1:02:25	- 13:17 12:12 13:42 13:08 10:04	9,61 km/h
486	483	Rerich Vitalij		1:03:27	MHK	120	1:03:14	- 10:09 12:26 13:21 13:38 13:37	9,49 km/h
487	159	Gallus Christian		1:04:10	M40	52	1:03:22	- 10:58 11:35 12:56 14:21 13:30	9,47 km/h
488	309	Korte Klaus	DSC Arminia Bielefeld	1:04:20	M35	61	1:04:03	- 10:47 12:16 14:00 13:32 13:25	9,37 km/h
489	90	Dau Jan	DAUerläufer	1:04:21	M45	85	1:03:18	- 11:21 11:46 12:41 13:38 13:51	9,48 km/h
490	1015	Zieseniß Sven	Run Happy team	1:04:35	M35	62	1:04:19	- 11:47 12:52 13:13 13:28 12:57	9,33 km/h
491	287	Klein Dominik		1:05:05	MHK	121	1:04:32	- 11:28 12:17 13:38 13:34 13:33	9,30 km/h
492	404	Moeck Alexander		1:05:27	M30	78	1:04:35	- 12:32 12:33 13:09 13:18 13:02	9,29 km/h
493	108	Dr. Ochs Guntram	LSF Münster	1:05:48	M50	34	1:04:52	- 12:08 12:36 13:18 13:44 13:05	9,25 km/h
494	831	Flieger Malte		1:05:48	M40	53	1:05:40	- 12:58 13:26 13:14 13:25 12:35	9,14 km/h
495	260	Jonas Wolfgang Konrad	LSF Münster	1:05:52	M60	10	1:05:04	- 11:43 12:13 14:31 13:38 12:57	9,22 km/h
496	402	Mikus Michael	Adolph-Kolping-Berufskoll	1:06:15	M55	19	1:05:16	- 11:43 12:29 13:17 14:10 13:35	9,19 km/h
497	69	Brocks Alexander		1:06:24	M30	79	1:05:14	- 11:58 12:19 12:45 13:34 14:37	9,20 km/h
498	560	Seidlitz Matthias	1. FC Gievenbeck	1:06:28	M45	86	1:05:30	- 11:47 12:36 13:09 13:47 14:09	9,16 km/h
499	587	Swinka Christoph		1:07:06	M35	63	1:06:08	- 12:34 13:08 13:36 13:49 12:59	9,07 km/h
500	155	Gabriel Marc		1:09:01	MHK	122	1:08:00	- 12:04 12:15 13:44 15:12 14:43	8,82 km/h
501	564	Skiba Gregor		1:09:45	M30	80	1:08:42	- 11:36 13:20 14:17 14:34 14:53	8,73 km/h
502	851	Berheide Dirk		1:10:03	M40	54	1:09:10	- 12:26 13:19 13:57 14:34 14:52	8,67 km/h
503	617	Troche Daniel		1:11:25	M55	20	1:10:38	- 13:36 13:52 14:09 14:33 14:26	8,49 km/h
504	584	Sumowski Klaus	Realschule im Kreuzviertel	1:11:29	M50	35	1:10:25	- 13:20 13:51 14:09 14:33 14:30	8,52 km/h
505	919	Hörmann Manfred	L.S.F. Münster e.V.	1:11:56	M70	2	1:11:47	- 12:16 13:55 14:56 15:04 15:34	8,36 km/h
506	239	Horstmann Goswin	H. Gautzsch	1:12:10	M65	6	1:11:27	- 12:27 13:00 15:37 15:52 14:29	8,40 km/h
507	371	Mahler Christoph	TSG Münster	1:13:39	M65	7	1:12:41	- 13:32 14:01 14:40 15:10 15:16	8,25 km/h

Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
1	5	Cherotich Pamela	BROOKS Running Team	0:34:51	WHK	1	0:34:51	- 06:43 06:50 07:05 07:07 07:03	17,22 km/h
2	4	Cheruiyot Emily Jemutai	BROOKS Running Team	0:36:17	W35	1	0:36:17	- 06:46 07:17 07:22 07:29 07:22	16,53 km/h
3	363	Lüring Sandra	Lg Brillux Münster	0:37:58	WHK	2	0:37:56	- 07:26 07:32 07:37 07:43 07:36	15,82 km/h
4	682	Wrede Linda	BROOKS Running Team -	0:39:28	WHK	3	0:39:23	- 07:49 08:01 07:57 07:57 07:37	15,23 km/h
5	1002	Bäuscher Lea	Run Happy team	0:39:32	W30	1	0:39:27	- 07:47 07:52 07:59 08:04 07:43	15,21 km/h
6	937	Lienhart Laura	Sportfreunde Ulm	0:39:36	W30	2	0:39:34	- 07:27 07:55 07:58 08:05 08:08	15,16 km/h
7	181	Grosskopff Isabelle Anna	LAV Stadtwerke Tübingen	0:39:54	WHK	4	0:39:52	- 07:27 07:52 08:00 08:10 08:21	15,05 km/h
8	912	Schönherr-Hölscher Birgit	PV Triathlon Witten	0:40:40	W45	1	0:40:35	- 07:42 07:59 08:11 08:27 08:15	14,78 km/h
9	825	Hauck Carolin	LSF Münster	0:40:42	WHK	5	0:40:35	- 07:54 08:02 08:05 08:13 08:19	14,78 km/h
10	293	Knothe Sabine	LSF Münster	0:41:20	W30	3	0:41:15	- 07:57 08:02 08:23 08:41 08:11	14,54 km/h
11	33	Güting Vanessa	BROOKS Running Team -	0:41:30	WU20	1	0:41:25	- 07:56 08:18 08:29 08:37 08:04	14,48 km/h
12	635	Vergin Stefanie	Post SV Gütersloh	0:41:38	W40	1	0:41:35	- 07:58 08:15 08:23 08:29 08:28	14,43 km/h
13	92	Wrede Marina	BROOKS Running Team -	0:41:49	WU20	2	0:41:45	- 07:57 08:17 08:29 08:42 08:17	14,37 km/h
14	468	Queren Stefanie	Osnabrücker Turnerbund C	0:42:00	W35	2	0:41:57	- 07:50 08:15 08:34 08:43 08:34	14,30 km/h
15	310	Kortmann Sonja		0:42:22	WHK	6	0:42:15	- 08:08 08:26 08:30 08:39 08:30	14,20 km/h
16	229	Hoffmann Steffi	sc altenrheine	0:43:23	WHK	7	0:43:05	- 08:16 08:36 08:45 08:52 08:35	13,92 km/h
17	865	Kussmann Karen		0:43:46	WHK	8	0:43:31	- 08:15 08:34 08:51 08:58 08:51	13,79 km/h
18	894	Bido Jutta		0:43:49	W50	1	0:43:46	- 08:22 08:39 08:51 08:56 08:55	13,71 km/h
19	913	Möse Kristin	HSP Münster Laufteam	0:44:10	WHK	9	0:44:01	- 08:15 08:39 09:00 09:10 08:54	13,63 km/h
20	432	Niederer Pia	Tria Mädels	0:44:14	WHK	10	0:43:52	- 08:21 08:44 08:59 09:01 08:45	13,67 km/h
21	324	Krell-Witte Delia	LSF Münster	0:44:20	W55	1	0:44:13	- 08:22 08:52 08:58 09:05 08:55	13,56 km/h
22	643	von der Horst Laura	Max Planck Institut Münste	0:44:24	WHK	11	0:44:18	- 08:22 08:46 09:01 09:07 09:00	13,54 km/h
23	387	Medici Francesca	SFDV75 Düsseldorf	0:45:10	WHK	12	0:44:57	- 08:39 08:54 08:59 09:19 09:04	13,35 km/h
24	278	Kern Mirjam		0:45:16	W50	2	0:45:05	- 08:39 08:56 09:01 09:15 09:13	13,31 km/h
25	726	Schürmann Annika		0:45:22	WHK	13	0:45:07	- 08:53 08:57 08:58 09:10 09:07	13,30 km/h
26	307	Korte Franziska	Brooks Run Happy-Team (0:45:26	WHK	14	0:44:55	- 09:20 08:44 08:51 08:55 09:03	13,36 km/h
27	888	Kloppenborg Petra	LG Emsdetten	0:46:33	W50	3	0:46:16	- 08:54 09:09 09:16 09:30 09:25	12,97 km/h
28	68	Brinker Gertie	Marathon Soest	0:46:45	W50	4	0:46:19	- 09:23 09:11 09:20 09:25 08:58	12,95 km/h
29	78	Bussieck Susanne	TuS Sythen	0:47:21	W40	2	0:47:09	- 09:18 09:26 09:30 09:34 09:17	12,72 km/h
30	781	Nocon-Stoffers Renate	SG Sendenhorst	0:47:22	W45	2	0:46:51	- 09:09 09:11 09:27 09:35 09:27	12,81 km/h
31	53	Bitthöfer Tatjana	Max-Planck-Gymnasium D	0:47:33	W35	3	0:47:26	- 09:01 09:27 09:41 09:37 09:37	12,65 km/h
32	82	Chudaske Rike	Realschule im Kreuzviertel	0:47:41	WU18	1	0:46:59	- 09:28 09:23 09:25 09:37 09:15	12,77 km/h
33	771	Kleine Vorholt Pia	SW Havixbeck	0:47:57	WU20	3	0:47:35	- 09:13 09:35 09:37 09:48 09:20	12,61 km/h
34	32	Babel Shakti Ananda		0:48:18	WHK	15	0:48:09	- 09:14 09:32 09:46 09:50 09:46	12,46 km/h
35	870	Rotthauwe Juliana	LSF Münster	0:48:37	W35	4	0:48:25	- 09:13 09:35 09:46 09:58 09:51	12,39 km/h
36	182	Großmann Maike	Runners Club Münster	0:49:37	W30	4	0:49:02	- 09:35 09:55 09:50 10:06 09:36	12,23 km/h
37	663	Widmann Anika	Sanwald Laufteam	0:49:42	WHK	16	0:49:14	- 09:25 09:38 10:03 10:06 10:00	12,19 km/h
38	106	Doetsch Esther	Ausdauerschule by bunert	0:49:50	WHK	17	0:49:27	- 09:26 09:52 10:04 10:16 09:47	12,13 km/h
39	238	Hoppe Claudia	Marathon Soest	0:49:51	W45	3	0:49:24	- 09:31 09:39 10:01 10:11 10:00	12,14 km/h
40	847	Gomes Rosa	LSF Münster	0:50:01	W45	4	0:49:50	- 09:19 09:30 10:06 10:28 10:25	12,04 km/h
41	753	Faßl Sarah		0:50:04	WHK	18	0:49:47	- 09:01 09:41 10:15 10:36 10:12	12,05 km/h
42	216	Herwig Miriam		0:50:20	WHK	19	0:49:50	- 08:48 09:22 09:51 10:33 11:14	12,04 km/h
43	734	Witt Sarah	HTC Blau-Gold Hagen	0:50:46	WHK	20	0:50:33	- 09:34 10:01 10:25 10:25 10:07	11,87 km/h
44	858	Ratering-Slüter Bärbel	LSF Münster	0:50:48	W50	5	0:50:22	- 09:36 10:02 10:10 10:18 10:15	11,91 km/h
45	629	Veauthier Mascha	LSF Münster	0:50:53	WHK	21	0:50:33	- 09:36 09:57 10:20 10:34 10:04	11,87 km/h
46	212	Hentschel Claudia		0:51:09	W35	5	0:50:40	- 10:01 10:03 10:10 10:17 10:07	11,84 km/h
47	936	Wullentzord Ramona		0:51:18	WHK	22	0:50:54	- 09:45 09:56 10:10 10:32 10:30	11,78 km/h
48	754	Novak Maria Beatrice		0:51:19	W30	5	0:50:58	- 09:14 09:40 10:12 10:45 11:06	11,77 km/h
49	262	Jürgens Ulla	LG Emsdetten	0:51:28	W55	2	0:51:07	- 09:38 09:53 10:20 10:45 10:29	11,73 km/h
50	672	Wildt Anika		0:51:50	W30	6	0:51:39	- 09:44 10:21 10:42 10:30 10:20	11,62 km/h
51	280	Keul Verena		0:52:11	WHK	23	0:51:25	- 10:13 10:38 10:42 09:50 10:00	11,67 km/h
52	830	Flieger Daniela		0:52:12	W35	6	0:52:04	- 09:48 10:33 10:32 10:35 10:34	11,52 km/h
53	654	Wenniges Larissa		0:52:21	WHK	24	0:52:04	- 09:52 10:08 10:44 10:38 10:38	11,52 km/h
54	46	Becker Laura	Brooks Run Happy-Team (0:52:21	WHK	25	0:51:16	- 10:51 10:11 10:11 10:03 09:58	11,70 km/h
55	658	Wesselmann Sylvia	Lauffreunde Warendorf	0:52:21	W40	3	0:52:08	- 09:46 10:03 10:37 10:49 10:50	11,51 km/h
56	392	Meng Lu		0:52:32	WHK	26	0:51:29	- 09:03 10:04 10:33 11:02 10:45	11,65 km/h
57	156	Gärtner Theresa		0:52:43	WHK	27	0:52:06	- 09:35 10:12 10:34 11:09 10:35	11,52 km/h

Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
58	880	Heyer Julia	TuS Breckerfeld	0:52:46	W50	6	0:52:43	- 09:05 10:01 10:57 11:34 11:04	11,38 km/h
59	939	van der Horst Marisa		0:52:50	WHK	28	0:52:43	- 09:07 10:26 10:44 11:04 11:22	11,38 km/h
60	354	Loeser Kerstin	LSF Münster	0:52:54	W55	3	0:52:28	- 10:07 10:28 10:30 10:38 10:42	11,43 km/h
61	17	Altmeier Judith		0:52:58	W30	7	0:52:43	- 09:49 10:29 10:51 10:48 10:45	11,38 km/h
62	551	Schulze Bisping Agnes	Billerbecker Läufer	0:53:06	W50	7	0:52:14	- 09:53 10:19 10:38 10:45 10:38	11,49 km/h
63	218	Heuer Barbara	LSF Münster	0:53:17	W50	8	0:52:51	- 10:04 10:15 10:34 10:50 11:07	11,35 km/h
64	124	Engl maren		0:53:50	WHK	29	0:53:41	- 09:09 10:57 11:13 11:23 10:59	11,18 km/h
65	85	Cronemeyer Hannah		0:53:56	WHK	30	0:53:35	- 09:41 10:30 10:50 11:17 11:15	11,20 km/h
66	731	Terbille Sabrina		0:54:01	WHK	31	0:53:37	- 10:52 10:43 10:45 10:45 10:30	11,19 km/h
67	621	Uebbing Sylvia		0:54:08	W45	5	0:53:54	- 09:51 10:20 10:56 11:27 11:19	11,13 km/h
68	338	Lammerding-Suntrup Ines	H. Gautzsch	0:54:13	W45	6	0:53:40	- 10:24 10:33 10:55 10:49 10:57	11,18 km/h
69	21	Arnholdt Jana		0:54:22	W30	8	0:53:33	- 10:57 10:58 10:35 10:37 10:23	11,20 km/h
70	668	Wiemann Sabine		0:54:29	WHK	32	0:53:35	- 10:47 10:38 10:47 10:46 10:35	11,20 km/h
70	562	Sewing Doris		0:54:29	W35	7	0:54:03	- 10:13 10:35 10:56 11:08 11:09	11,10 km/h
72	41	Baumjohann Monika	Marathon Soest	0:54:29	W40	4	0:53:56	- 10:43 10:44 10:58 10:56 10:34	11,12 km/h
73	694	Beck Sandra	Run Happy team	0:54:35	WHK	33	0:54:19	- 10:18 10:38 11:04 11:14 11:03	11,04 km/h
74	388	Meike Nieße	LG Atemlos	0:55:01	W35	8	0:54:35	- 10:22 10:42 11:02 11:18 11:08	10,99 km/h
75	448	Paluschek Marta		0:55:19	W30	9	0:54:57	- 10:18 10:46 11:03 11:24 11:25	10,92 km/h
76	640	Volmer Lea		0:55:33	WU18	2	0:54:40	- 10:58 10:50 10:51 11:02 10:58	10,97 km/h
77	641	Volmer Rita		0:55:33	W45	7	0:54:41	- 10:58 10:49 10:51 11:02 10:58	10,97 km/h
78	620	Uden Christiane		0:55:35	W30	10	0:54:56	- 10:27 10:50 11:02 11:16 11:20	10,92 km/h
79	634	Verfers Veronika		0:55:39	WHK	34	0:55:27	- 11:57 11:05 10:53 10:48 10:43	10,82 km/h
80	702	Göhler Johanna	Run Happy team	0:55:44	WHK	35	0:55:29	- 10:26 10:44 11:14 11:57 11:07	10,81 km/h
81	292	Knoke Kathrin		0:55:50	W30	11	0:55:18	- 10:38 11:21 11:11 11:21 10:45	10,85 km/h
82	312	Kott Patrizia		0:55:52	WHK	36	0:55:25	- 11:19 11:12 11:05 11:05 10:42	10,83 km/h
83	554	Schwab Verena		0:55:54	W30	12	0:55:23	- 10:39 11:21 11:11 11:21 10:50	10,83 km/h
84	7	Adams Eva		0:56:03	W30	13	0:55:41	- 10:30 11:02 11:36 11:45 10:45	10,77 km/h
85	109	Drauschke Maren		0:56:05	WHK	37	0:55:33	- 10:49 10:57 10:57 11:28 11:20	10,80 km/h
86	352	Linnemann Eva Kathrin		0:56:05	WHK	38	0:55:33	- 10:49 10:57 10:57 11:28 11:20	10,80 km/h
87	189	Hackeneß Helenor		0:56:16	W45	8	0:55:52	- 10:19 10:59 11:24 11:34 11:33	10,74 km/h
88	699	Falk Kira		0:56:22	W30	14	0:56:14	- 10:31 10:49 11:31 11:59 11:22	10,67 km/h
89	733	Pawlowitzki Astrid		0:56:23	W40	5	0:55:55	- 10:36 10:44 11:19 11:38 11:37	10,73 km/h
90	909	Scheferhoff Katja	Marathon Soest	0:56:37	W35	9	0:56:05	- 11:09 11:19 11:22 11:22 10:50	10,70 km/h
91	775	Rades Beate	Marathon Soest	0:56:37	W35	10	0:56:05	- 11:11 11:19 11:22 11:22 10:50	10,70 km/h
92	395	Mertens Susanne	H. Gautzsch	0:56:58	W50	9	0:56:16	- 10:44 11:00 11:19 11:40 11:31	10,66 km/h
93	867	Roters Sabine	*Münster	0:57:02	W40	6	0:55:59	- 10:30 11:04 11:25 11:35 11:23	10,72 km/h
94	504	Rzeha Johanna		0:57:13	W30	15	0:56:52	- 10:38 10:59 11:19 11:47 12:07	10,55 km/h
95	1011	Richter Manuela	Run Happy team	0:57:31	W40	7	0:57:16	- 10:03 11:12 11:43 12:18 11:59	10,48 km/h
96	257	Johanna Lupfer		0:57:32	W40	8	0:56:45	- 10:50 11:03 11:23 11:46 11:42	10,57 km/h
97	48	Berg Margret	H. Gautzsch	0:57:47	W50	10	0:57:04	- 11:02 11:10 11:30 11:44 11:36	10,51 km/h
98	594	ten Brink Dörthe	Dörthe ten Brink	0:57:47	WHK	39	0:56:50	- 10:35 11:08 11:52 12:01 11:12	10,55 km/h
99	1013	Stumpf Heike	Run Happy team	0:58:09	W40	9	0:57:57	- 10:26 11:16 11:53 12:01 12:19	10,35 km/h
100	165	Gepp Sabine		0:58:15	WHK	40	0:57:35	- 10:56 11:12 11:39 12:05 11:40	10,42 km/h
101	164	Gepp Brigitte		0:58:17	WHK	41	0:57:37	- 10:56 11:12 11:40 12:04 11:43	10,41 km/h
102	226	Hoffmann Isabel		0:58:37	WHK	42	0:57:47	- 11:09 11:27 11:46 11:55 11:28	10,38 km/h
103	875	Reilly Marion		0:58:41	W45	9	0:57:48	- 11:04 10:49 11:20 12:13 12:20	10,38 km/h
104	393	Menne Stefanie		0:58:48	WHK	43	0:58:28	- 11:34 11:20 11:46 11:56 11:50	10,26 km/h
105	416	Müller Bianka		0:58:55	W35	11	0:58:06	- 11:56 11:49 11:37 11:34 11:08	10,33 km/h
106	451	Parragi Myriam		0:58:59	W30	16	0:58:31	- 10:54 11:36 12:16 12:04 11:38	10,25 km/h
107	578	Stock Judith		0:59:01	WU20	4	0:58:20	- 11:11 11:26 11:54 11:57 11:51	10,28 km/h
108	207	Heiringhoff Campos Veronik		0:59:03	W30	17	0:58:14	- 10:58 11:05 11:22 12:19 12:29	10,30 km/h
109	268	Kania Sabine		0:59:08	W45	10	0:58:10	- 12:04 11:24 11:47 11:38 11:15	10,31 km/h
110	930	Kimmina Julia	ISC Münster	0:59:21	W30	18	0:58:44	- 11:09 11:36 11:53 11:58 12:04	10,22 km/h
111	763	Klümper Linda		0:59:22	WHK	44	0:58:55	- 11:28 11:46 11:55 12:07 11:36	10,18 km/h
112	148	Frenzel Silke		0:59:24	WHK	45	0:58:35	- 12:08 11:37 11:39 11:30 11:38	10,24 km/h
113	557	Seggemann Sandra		0:59:26	W40	10	0:58:29	- 11:35 11:41 11:38 11:47 11:46	10,26 km/h
114	43	Bayer-Eynck Lisa	Brooks Run Happy Team	0:59:34	WHK	46	0:59:23	- 10:48 11:39 12:18 12:31 12:05	10,10 km/h

Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
115	340	Lange Mechtild	LSF Münster	0:59:42	W55	4	0:58:55	- 11:42 12:15 11:54 11:42 11:20	10,18 km/h
116	44	Becker Christiane	smartOPTIMO	0:59:47	W50	11	0:59:27	- 10:52 11:23 12:15 12:38 12:17	10,09 km/h
117	101	Dießel Lucia	LSF Münster	0:59:54	W55	5	0:59:13	- 11:08 11:23 11:59 12:27 12:14	10,13 km/h
118	828	Sühling Lydia		1:00:37	W50	12	0:59:56	- 10:59 11:27 12:20 12:50 12:18	10,01 km/h
119	424	Nass Silke		1:00:37	W30	19	1:00:25	- 11:57 11:55 12:19 12:36 11:37	9,93 km/h
120	730	Dülberg Julia	SV Lüttringen	1:00:43	WHK	47	0:59:46	- 10:35 11:36 12:13 12:38 12:42	10,04 km/h
121	662	Wichmann Gerhild	LuG Rheine	1:00:58	W60	1	1:00:00	- 11:33 11:40 11:56 12:19 12:31	10,00 km/h
122	10	Ahlers Berit	BSG Westfalen AG	1:01:13	WU18	3	1:00:30	- 11:11 11:58 12:06 12:31 12:41	9,92 km/h
123	185	Gumnior Lena		1:01:16	WHK	48	1:00:34	- 11:38 12:16 12:15 12:15 12:08	9,91 km/h
124	245	Huwald Ilona	Laufgruppe Bettmar	1:01:23	W65	1	1:00:59	- 11:55 12:04 12:14 12:24 12:21	9,84 km/h
125	679	Wollhöwer Nadine		1:01:29	W35	12	1:00:54	- 10:47 11:46 12:31 13:07 12:40	9,85 km/h
126	931	Pösentrup Martina	LSF Münster	1:01:48	W45	11	1:00:52	- 11:29 11:36 12:21 12:45 12:40	9,86 km/h
127	8	Adler Franziska		1:01:51	WHK	49	1:00:59	- 11:37 12:00 12:31 12:45 12:05	9,84 km/h
128	213	Herborn Dorothee		1:02:00	WHK	50	1:01:19	- 11:54 11:49 12:29 12:57 12:08	9,78 km/h
129	945	Niehues Daniela	Radiergummiliga.de	1:02:26	W50	13	1:01:35	- 11:01 11:58 12:50 12:58 12:46	9,74 km/h
130	364	Lütkenhaus Kathrin	Laufsportfreunde Münster e	1:02:30	WHK	51	1:01:46	- 12:01 11:59 12:09 12:45 12:50	9,71 km/h
131	244	Hupe Andrea		1:02:33	W35	13	1:01:58	- 11:27 11:54 12:27 13:00 13:08	9,68 km/h
132	650	Walter Stephanie		1:02:39	WHK	52	1:01:36	- 11:50 12:04 12:46 12:54 12:00	9,74 km/h
133	157	Gätjen Annabel		1:02:40	WHK	53	1:02:00	- 11:55 11:49 12:30 12:57 12:48	9,68 km/h
134	690	Zorc Christiane		1:02:49	W45	12	1:02:05	- 11:39 11:30 12:26 13:22 13:06	9,66 km/h
135	83	Chudyka Daria		1:03:01	W30	20	1:02:23	- 11:42 12:17 12:33 12:53 12:56	9,62 km/h
136	42	Baune Petra	Realschule im Kreuzviertel	1:03:04	W40	11	1:02:00	- 12:39 12:21 11:59 12:27 12:31	9,68 km/h
137	666	Wieggers Ralf		1:03:06	W30	21	1:02:17	- 11:33 12:06 12:38 12:48 13:10	9,63 km/h
138	162	Garcia Velasco Laura	Los lentos - Die langsame	1:03:07	WHK	54	1:02:32	- 11:33 11:48 13:15 13:24 12:30	9,59 km/h
139	524	Schmalbrock Judith		1:03:10	WHK	55	1:02:52	- 11:48 12:07 13:00 13:29 12:26	9,54 km/h
140	665	Wiechers Birte	Realschule im Kreuzviertel	1:03:12	W30	22	1:02:17	- 11:53 12:20 12:40 12:43 12:39	9,63 km/h
141	199	Harder Sandra	LSF Münster	1:03:15	W35	14	1:02:31	- 12:01 12:13 12:36 12:55 12:44	9,60 km/h
142	322	Kreft Stephanie		1:03:29	W30	23	1:02:37	- 10:29 10:20 10:20 10:23 21:02	9,58 km/h
143	601	Thiel Isabella		1:03:42	W30	24	1:03:24	- 11:02 12:39 13:42 13:18 12:42	9,46 km/h
144	599	Theisen Anja	Lauftreff Neuhof	1:03:45	W45	13	1:02:59	- 10:48 11:29 13:15 13:29 13:56	9,53 km/h
145	592	Telges Britta		1:03:50	WHK	56	1:02:45	- 12:41 12:33 12:42 12:39 12:09	9,56 km/h
146	535	Schöppner Stephanie		1:03:59	WHK	57	1:03:20	- 11:58 11:54 12:39 13:34 13:14	9,47 km/h
147	89	Dau Ilka	DAUerläufer	1:04:20	W40	12	1:03:18	- 11:21 11:46 12:41 13:38 13:50	9,48 km/h
148	1010	Reyer Sabrina	Run Happy team	1:04:34	W30	25	1:04:19	- 11:47 12:52 13:13 13:28 12:56	9,33 km/h
149	154	Frommer Angela		1:04:45	W45	14	1:04:04	- 11:31 12:35 13:17 13:34 13:05	9,36 km/h
150	119	Effner Nadine	LSF Münster	1:04:49	W35	15	1:04:08	- 12:05 12:23 12:53 13:23 13:22	9,36 km/h
151	370	Sumik Anna	smartOPTIMO	1:04:52	W30	26	1:04:32	- 12:11 12:54 13:21 13:21 12:43	9,30 km/h
152	429	Zschesche Susann	smartOPTIMO	1:04:52	W30	27	1:04:32	- 12:10 12:54 13:21 13:21 12:44	9,30 km/h
153	421	Muthers Daniela		1:05:17	W30	28	1:04:29	- 11:43 12:09 12:53 13:39 14:03	9,30 km/h
154	405	Moeck Sophia		1:05:26	WHK	58	1:04:35	- 12:32 12:32 13:09 13:18 13:02	9,29 km/h
155	737	Müller Julia		1:05:44	WHK	59	1:04:48	- 12:46 12:45 13:11 13:33 12:30	9,26 km/h
156	232	Homann Mandy		1:05:46	W35	16	1:04:51	- 12:09 12:35 13:18 13:44 13:03	9,25 km/h
157	716	Gröning Sandra		1:05:47	W35	17	1:05:39	- 12:57 13:26 13:14 13:24 12:35	9,14 km/h
158	696	Beßler Barbara		1:05:49	WHK	60	1:04:44	- 12:20 12:32 13:02 13:30 13:18	9,27 km/h
159	859	Leifeld Bridget		1:05:54	W40	13	1:05:04	- 12:04 12:55 13:37 13:39 12:46	9,22 km/h
160	38	Banach Sandra		1:05:58	W40	14	1:04:59	- 11:40 12:08 12:39 13:46 14:44	9,23 km/h
161	540	Schröder Melanie		1:06:08	WHK	61	1:05:23	- 14:08 13:34 11:47 12:45 13:06	9,18 km/h
162	329	Krückel Jenny	Realschule im Kreuzviertel	1:06:31	WHK	62	1:05:37	- 12:45 13:07 13:18 13:36 12:49	9,14 km/h
163	538	Schrameyer Carolin	Carolin Schrameyer	1:06:32	W35	18	1:06:01	- 11:15 12:45 13:32 14:15 14:13	9,09 km/h
163	367	Maaß Henrika	Realschule im Kreuzviertel	1:06:32	WHK	63	1:05:38	- 12:45 13:07 13:18 13:36 12:50	9,14 km/h
165	607	Thünemann Christina		1:06:33	WHK	64	1:05:37	- 12:47 12:45 13:12 13:33 13:19	9,14 km/h
166	442	Oltmanns Insa	Realschule im Kreuzviertel	1:06:35	W30	29	1:05:41	- 12:45 13:06 13:19 13:37 12:52	9,13 km/h
167	184	Gumnior Annika		1:06:44	WHK	65	1:06:01	- 11:38 12:53 13:30 13:53 14:05	9,09 km/h
168	455	Philipps Silke	AGRAVIS BSG	1:07:07	W35	19	1:06:09	- 12:35 13:08 13:36 13:48 13:00	9,07 km/h
169	692	Abbing Martina		1:07:44	W50	14	1:06:48	- 12:42 12:33 13:27 14:06 13:57	8,98 km/h
170	625	Uphaus Judith	Realschule im Kreuzviertel	1:08:21	W30	30	1:07:26	- 12:49 13:13 13:52 13:37 13:53	8,90 km/h
171	49	Beuting Martina		1:09:31	W30	31	1:09:06	- 12:27 13:17 14:05 14:41 14:35	8,68 km/h



Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
171	170	Göbel Joline		1:09:31	WHK	66	1:08:30	- 12:03 12:15 13:44 15:12 15:13	8,76 km/h
173	651	Weber Bianca		1:09:37	WHK	67	1:09:09	- 11:19 11:50 14:13 16:02 15:44	8,68 km/h
174	746	Kraemer Bettina		1:10:03	W40	15	1:09:09	- 12:26 13:19 13:57 14:34 14:52	8,67 km/h
175	290	Klönne Kathrin		1:10:29	WHK	68	1:09:46	- 12:06 13:15 14:11 14:54 15:17	8,60 km/h
176	389	Meilwes Anna-Katharina	LSF Münster	1:11:10	W30	32	1:10:25	- 12:40 13:48 14:27 14:56 14:32	8,52 km/h
177	747	Ebbert Juliane		1:11:25	WHK	69	1:10:55	- 12:32 13:59 14:42 15:02 14:38	8,46 km/h
178	748	Brück Channe		1:11:25	WHK	70	1:10:55	- 12:33 13:58 14:42 15:02 14:38	8,46 km/h
179	537	Schräder Marianne		1:11:25	W60	2	1:10:39	- 13:37 13:50 14:09 14:33 14:28	8,49 km/h
180	675	Wittenbreder Maren		1:11:58	WHK	71	1:11:40	- 11:49 14:07 15:42 16:01 13:58	8,37 km/h
181	575	Steinhoff Michaela		1:15:27	W35	20	1:14:47	- 14:12 15:01 15:35 15:28 14:28	8,02 km/h
182	531	Schnor Lauren		1:22:06	WU20	5	1:21:07	- 15:09 16:02 16:29 16:47 16:39	7,40 km/h
183	303	Konen Marie		1:22:07	WU20	6	1:21:08	- 15:09 16:02 16:29 16:48 16:38	7,39 km/h
184	258	Johanning Lisa	Realschule im Kreuzviertel	1:24:02	WHK	72	1:23:07	- 12:48 13:13 15:00 16:00 26:04	7,22 km/h
185	107	Dohms Alexa		1:27:59	W30	33	1:27:10	- 15:46 17:12 17:20 17:59 18:51	6,88 km/h